



FREQUENTLY ASKED QUESTIONS

What is Climb for A Cure?

The 29th annual Climb for a Cure is an exhilarating stairclimbing and fundraising competition that raises money and awareness for the Cystic Fibrosis Foundation. Climbers of all ages race up the stairs of the Rhodes State Office Tower - the tallest building in Central Ohio.

Do I have to be a serious athlete to participate?

No. If speed isn't your thing, that's okay. But many participants are drawn to the competitive nature of Climb for a Cure and enjoy the challenge. They'll be equipped with electronic chips that provide accurate timing information. The fastest climbers get bragging rights and prizes.

Is this the same event as Battle of the Badges?

Battle of the Badges is a separate climbing event for Ohio firefighters and law enforcement officers. It's also hosted by the Cystic Fibrosis Foundation and takes place immediately after the "Commit to Be Fit" Climb for a Cure.

When is Climb for a Cure being held?

Saturday, February 27, 2010

Where does the event take place?

Rhodes State Office Tower
30 E. Broad St.
Columbus, OH 43215

What time should I be there?

Check-in opens at 7:00 a.m. and climbing commences shortly thereafter and runs until 9:30 a.m.

What should I wear for the climb?

Most climbers prefer shorts, a T-shirt and comfortable athletic shoes.

Can I bring my family?

Absolutely. They'll be able to watch all the action on large video screens. If they feel like climbing a few flights themselves, we'll let them do that for 30 minutes beginning at 12:15 p.m. And there will be plenty of other activities to keep them busy and having fun while they're there to cheer you on.

Where should I park?

Parking is available in the underground parking garage across the street at the Statehouse. The cost is \$2.00 for the first (4) hours and \$1.00 for each additional (4) hours (or any part thereof). The only entrance to the garage will be at the intersection of E. State and S. Third Streets. Park on the Green Level close to Aisle #1. There will not be a cashier, so you will be paying an auto teller when you leave. It accepts bills, quarters, Visa, MasterCard, and

American Express. All change will be given back in quarters! Your credit card charge will appear as a purchase from The State House Museum Shop. The parking garage is secured by the State Highway Patrol, but is not responsible for lost or stolen items. Enter the Rhodes State Office Tower through the tunnel entrance in the parking garage (on the Green Level, Aisle #1).

What should I do when I arrive at the Rhodes Tower?

Please arrive at least one hour prior to your assigned climbing time. Go to the registration/check-in area at the front of the Rhodes Tower lobby. You will be given a Climber Packet that contains your timing chip, bib number and day of event information. If you are part of a relay team, only the team leader is required to check in.

What should I do with my personal belongings?

You will be able to store your personal belongings in the Multipurpose Room located adjacent to the lobby of the Rhodes Tower. Please make sure everything is marked clearly with your first and last name. Although a volunteer will be monitoring the room, please be advised that The Rhodes Tower and the Cystic Fibrosis Foundation are not responsible for any lost, stolen or damaged items.

What happens during the climb?

Each individual or team member will be given an On-Deck time. On-Deck and start times are not flexible. Line monitors will provide assistance at the On-Deck locations. Passing in the stairwells is permissible, but only on the right. Climbing a stairwell multiple times, or going "down the stairs" is strictly prohibited. Please remember that the Rhodes State Office Tower is open to employees. If you must exit in case of an emergency or you are unable to complete the climb, please seek security, a volunteer or medical staff for assistance to be properly escorted. DO NOT EXIT ANY FLOOR WITHOUT SECURITY PERSONNEL.

Am I required to fundraise in order to participate?

No, but we certainly encourage it. The money raised is used for vital research to extend the lifespan of kids diagnosed with cystic fibrosis. And fundraising can be a great way to build morale within a company.. We have lots of simple ideas to get you started. Please click on the "Fundraising" tab for specific information.

Are there any prizes?

Yes, the fastest solo climbers (first, second and third place) will be awarded engraved medals during an awards program hosted by 10TV News HD anchor Andrea Cambern. The fastest two-person relay team and the fastest four-person relay team will be presented with plaques. Additionally, the fastest four-person corporate team will be featured in a segment on 10TV News HD with Andrea.

There are prizes for fundraising, too. Check this out...

Raise...	Receive...
\$10,000	Dell Inspiron Mini 10 Laptop (1-EL110)
\$5,000	Magellan GPS System (1-EL112)
\$2,500	10.0 Canon Digital Camera (1-EL360)
\$1,000	Sony Noise Cancelling Headphones (1-EL115) -or- Team CF cooler w/Radio iPod connection (1-EL417)
\$500	Team CF OGIO Backpack (1-EL234) -or- Team CF Fleece Pullover (AL 1-FL131, AM 1-FL141, YL 1-FL161)
\$250	Team CF Baseball Cap (1-HAT01) -or- Team CF USB Flash Drive (1-EL332)