



Cystic Fibrosis Foundation, Lone Star Chapter



2012 Calendar of Events

<http://www.cff.org/chapters/lonestar>

January

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

February

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March

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April

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May

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June

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July

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August

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September

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October

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November

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24	25	26	27	28	29	30

December

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30	31					

Saturday: February 25, 2012
 27th Annual Tower Climb & Run
 Tower of the Americas, San Antonio Texas

Thursday: March 8, 2012
 Uncork for the Cure
 Cavender Audi, San Antonio Texas

Saturday: March 31, 2012
 Rio Grande Valley Great Strides 5K Walk/Run
 Sharyland Plantation, Mission Texas

Saturday: April 14, 2012
 Carrizo Springs Great Strides Walk
 Veteran's City Park, Carrizo Springs Texas

Saturday: May 5, 2012
 San Antonio Great Strides 5K Walk/Run
 Brackenridge Park, San Antonio Texas

Saturday: May 19, 2012
 New Braunfels Great Strides Walk
 Schlitterbahn Water Park, New Braunfels Texas

Saturday: September 8, 2012
 Uvalde Great Strides
 Memorial Park, Uvalde Texas

Saturday: September 22, 2012
 Laredo Great Strides Walk/Run
 North Central Park, Laredo Texas

Saturday: September 22, 2012
 Three Rivers Great Strides Walk
 Roger's (Slough) Park, Three Rivers Texas

Saturday: September 22, 2012
 Hammerfest - Cycle for Life
 River City Community Church (Verizon Amphitheatre)
 San Antonio Texas

Saturday: October 6, 2012
 Thousand Oaks Great Strides
 TBD, San Antonio Texas

CFF Lone Star Chapter Events Summary



27th Annual Tower Climb & Run

Tower of the Americas | February 25, 2012

The CF Tower Climb & Run is a premier fundraising event for the Lone Star Chapter of the Cystic Fibrosis Foundation. Anyone 10 years and older can participate in one of two categories: competitive or non-competitive. Competitive: Individuals or teams of four will be timed in a one-mile run around the Institute of Texas Cultures leading to a 579 foot vertical climb up 952 steps. The top 3 finishing teams will receive medals, as well as the top 3 individuals in 10 different age groups. Non-competitive: Individuals or teams of any number will get an athletic work-out like no other by climbing the 952 steps up the signature San Antonio landmark, the Tower of the Americas. Register on Active.com.

Fee Per Person: \$25 | Required Fundraising Minimum: \$50 | Registering Day-Of: \$85
Contact: Kristine Spirt | (210) 829-7267 | kspirt@cff.org

Uncork for the Cure

Cavender Audi | March 8, 2012

This fun casual event is a light and festive evening for guests to relax and enjoy savory varietals, specialty beer, and food tastings in the unique atmosphere at Cavender Audi. Mingle with top chefs in our community, celebrity guests, bid on fabulous auction packages, and raise vital dollars for CF research and care.

Fee Per Person: \$60 | Fee Per Couple: \$100

Contact: Shanna Puente | (210) 829-7267 | spuente@cff.org



Great Strides Walk/Run | March – October 2012

Mission, Carrizo Springs, San Antonio, New Braunfels, Uvalde, Laredo, Three Rivers, Thousand Oaks

Great Strides is the Cystic Fibrosis Foundation's largest fund-raising event. It provides an opportunity for everyone within a local community to get involved by forming teams through their workplace, clubs, organizations, or with friends and family. Walk day is a fun, family-oriented celebration that includes a healthy 3 to 5 kilometer run or walk, *Kids' Corner*, snacks, and more. Visit www.cff.org/Chapters/lonestar/GREATSTRIDES/ to sign up for a Great Strides event near you!

Fees Vary Per Walk | Fundraising Encouraged | Contact: Shanna Puente | (210) 829-7267 | spuente@cff.org



Hammerfest - CF Cycle for Life | September 22, 2012

The Hammerfest CF Bike Tour is a one-day tour where hundreds of men and women will come together to participate in an event to find a cure for cystic fibrosis. Participants have the choice of a 35, 50 or 65 mile route or a Century Ride. The bike tour is a fully supported journey with stocked rest stops every 10-12 miles, support and gear (SAG) vehicles, on-site medical services, and much more. This unique event empowers participants to take action and demonstrate their fight in finding a cure in a tangible, emotional and experientially powerful way.

Contact: Kristine Spirt | (210) 829-7267 | kspirt@cff.org

LONE STAR CHAPTER

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