

2009 DATE	EVENT DESCRIPTION
05/02/09	ONEONTA Great Strides, Neawha Park
08/09/09	NORTHERN COLUMBIA TRIATHLON, Kinderhook
10/15/09	Capital Sip Beer & Food Tasting, Crowne Plaza Hotel, Albany
03/05/09	21ST ANNUAL STAIR CLIMB, Corning Tower
03/27/09	SARATOGA SIP, Vapor Night Club
05/30/09	PLATTSBURGH Great Strides, Melissa Penfield Park
05/30/09	GRAFTON Great Strides, Grafton Lakes State Park
05/09/09	FONDA Great Strides, Fonda-Fultonville High School
05/16/09	ALBANY Great Strides, Crossings of Colonie
05/31/09	GLENN FALLS Great Strides, Crandall Park
05/17/09	HUDSON Great Strides, Hudson River Front
07/13/09	65 ROSES Golf Invitational, Van Patten Golf Course
09/19/09	SPORTS CHALLENGE, Clifton Park Elks Lodge
09/25/09	65 ROSES GALA, Crowne Plaza Hotel, Albany
05/03/09	Clifton Park Great Strides, Clifton Park Center