

Chapter Events Guide

Every year, the Northeast Chapter hosts multiple events all across the Metroplex that raise money for vital drug research for the treatment of cystic fibrosis.

No matter where you live, your interests or your budget, we have an event that is right for you. Explore the options, and get involved today!

Great Strides

With more than 560 walks held across the country, 9 of which take place right here in north Texas, Great Strides is the largest fundraising event of the year for the foundation.

Families, friends, and even co-workers team up and do this 5K walk to

raise money for CF. This is truly a family-orientated event and something for all ages.

Walk day is fun and full of activities. There is a healthy walk, Kid's Corner activities, food and other games that participants look for-

ward to year after year.

Money raised by this event goes towards life-saving drug research for cystic fibrosis.

Since 1988, more than \$214 million has been raised through Great Strides to support our fight to find a cure for CF.



Find a Great Strides walk near you:

Saturday, April 21, 2012

Grapevine, TX: Baylor Grapevine Hospital

Saturday, May 12, 2012

Lubbock, TX: Coronado High School

Saturday, May 19, 2012

Dallas, TX: Fair Park
Plano, TX: Baylor Plano
Waco, TX: Indian Spring Park
Amarillo, TX: Medical Center Park

Saturday, May 26, 2012

Sherman, TX: Grayson County Walk at Pecan Grove-West

Saturday, September 29, 2012

Odessa, TX: Permian Basin Walk at Memorial Gardens

Once you pick a GS walk location, go to www.greatstrides.cff.org To register online.

Join a walk team or create your own!

The average walker raises **\$350!**

CFF Golf Tournaments

Tee off at one of the many golf events across North Texas. There are currently four different golf tournaments hosted by the Northeast Texas chapter: the Del Frisco's Classic, the Rod Pampling Golf Classic, the Breathe Easy Invitational, and the Dougie Classic.

These outings are great opportunities for you and your colleagues to work on your swing, while hosting clients, gaining recognition in your community and raising funds for cystic fibrosis.

The tournaments offer varying special features including four-person scramble formats to PGA golf pro appearances. Tournaments also feature live and silent auctions.



The monies raised from these events go directly towards life-saving research for CF patients. This is a great event for companies or groups of friends to enjoy.



Del Frisco's Classic

Golf Tournament
June 10-11th
Gleneagles Country Club
Plano, TX

Dougie Golf Classic

Four-person, scramble format
October 15th
Cottonwood Creek Golf Course
Waco, TX

Rod Pampling Golf Classic

Four-person, best-ball style
September 23-24th
Cowboys Golf Club
Grapevine, TX

Breathe Easy Invitational

Four-person, scramble format
October 18th
Old American Club
The Colony, TX

North Texas Wine Opener

May 12th
Royal Affairs Ballroom
Lewisville, TX
Black and White attire
Argentinean-inspired wines

Breath of Life Gala

November 10th
Ritz-Carlton Hotel
Dallas, TX
Honoring heroes working to provide a hopeful future for those with CF.

Dallas Wine Opener

TBD
National wine-tasting series with tasting stations and auction



Galas & Wine Openers

Party with a purpose! The Cystic Fibrosis Foundation Northeast Texas Chapter hosts three black-tie events every year: The Dallas Wine Opener, the Winter Ball, and the North Texas Wine Opener.

From wine novices to wine extraordinaire, the wine openers have something for everyone. The events feature live music, mouth-watering cuisines from the top restaurants in the Metroplex, and live and silent auctions that you can't miss!

The Winter Ball is no doubt fit for royalty. Guests of this fabulous gala are treated to dinner, live entertainment, and witness the annual "Breath of Life" award presented.

This award was created at the national level to acknowledge both individuals and companies for their acts of generosity, inspirational leadership and positive contributions to the community as well as our Foundation.

Dress up and get ready to dance the night away as we turn "CF" into "Cure Found."



Health & Fitness Events

If you love sports, athletic activities and testing your endurance, these three events are for you. Whether you decide to climb Dallas' tallest building, the Bank of America building, participate in a 35- or 65- mile long bike race or travel to Oklahoma to hike the Ouachita Trail, you are sure to have a great time helping us find a cure for cystic fibrosis.

Cycle for Life, CF Climb and our newest event, Xtreme Hike are thrilling events that are hosted by the Northeast Texas Chapter of the Cystic Fibrosis Foundation.

Cycle for Life offers 35- and 65-mile bike paths to fit any athletic ability. The race is complete with rest stops every 10 to 15 miles, support, gear vehicles and medical services.

Climb for Life is the ultimate workout in this stair-climb challenge. There is a challenge for everyone with 23, 42 and 70 flight climbs. The climb takes place in the Bank of America building in Dallas, TX.

The newest event, the Xtreme Hike, allows you to experience nature while putting your physical abilities to the test. As you hike, you will be raising funds for CF research. Hikers will be traveling to the Ouachita Trail that stretches from Oklahoma to Arkansas to support CF and participate in this ultimate fitness test.

Any of these events is sure to be fun for those who love an adventure or physical endurance challenge. Come work out for a cure for cystic fibrosis!

CF Climb
September 22nd
Bank of American Building
Dallas, TX

Cycle for Life
October 13th
McKinney, TX

Xtreme Hike
November 3rd
Ouachita Trail
Oklahoma/ Arkansas



Cure Finders



How to become a Curefinder:

Contact: Amy McMichael at amcmichael@cff.org

or call the Cystic Fibrosis Foundation- Northeast Texas Chapter at (214) 871-2222 for more information.

This is the CF Foundation's newest national fund-raising program, and we need your help getting more schools involved!

Classes and students from grades K-12 collect spare change and compete to raise the most money for CF.

Classes compete against each other at various schools to win a free lunch that is delivered right to their classroom!

The program teaches children that they can make a huge difference in the lives of people with

Participants learn real-life lessons about math, science, volunteers in the community, helping others and leadership.

Each school that is recruited will raise money in honor of a local child with CF.

For schools who raise \$1,000 or more and are located within 15 minutes of a BJ's Restaurant Brewhouse the school will be in the running to receive \$1,000 and an additional \$1,000 for the Cystic Fibrosis Foundation from BJ's Restaurant Brewhouse!

The Cystic Fibrosis Foundation supplies you with all the materials needed to start collecting coins. The Texas Association of Student Councils has endorsed this program.

GET CONNECTED.

Stay updated with the Northeast Texas Chapter and our national office through our social media sites!



**Northeast Texas Chapter of the
Cystic Fibrosis Foundation**
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For more information
about CF events or the
chapter, please visit:

www.cff.org/chapters/netx

Or call:
(214) 871-2222

Cystic Fibrosis is a life-threatening genetic disease that affects the lungs and digestive system of about 30,000 children and adults in the United States and over 70,000 worldwide. More than 10 million Americans are symptomless carriers of the defective CF gene.

Right now there is no cure for cystic fibrosis, but you can help blow CF away by getting involved in one of our great fundraising events listed in this guide. No matter your age or athletic ability, you can make a difference in the lives of those with CF. 90 percent of all dollars raised by the foundation goes to live-saving research for a cure.



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