



CYSTIC FIBROSIS FOUNDATION

WASHINGTON / ALASKA CHAPTER

UPDATE

CF CYCLE FOR LIFE



UPCOMING EVENTS: Join us at an upcoming Aptalis CF Cycle for Life. We have three events across the state, in Woodinville, Tri-Cities, and Spokane. Ride through some of the most spectacular scenery of Washington State.

All rides offer:

- 2 Route Options (20-25 mile route and 65 mile route)

- Kick-Off Celebration and Post-Ride Pedal Party
- Rest Stops, SAG Patrols and On-Site Medical Support
- Pre-event Training Rides and Safety Clinics

Come ride in this excellent national event for a great cause! Click on the event site below for more information and to register:

- **WOODINVILLE** - Sunday, July 31
- **TRI-CITIES** - Saturday, September 24
- **SPOKANE** - Saturday, October 1

BREATH OF LIFE GALA & AUCTION

UPCOMING EVENT: The 28th Annual Breath of Life Gala & Auction is set for Saturday, November 19, at the Sheraton Seattle Hotel. This year, along with Event Chairs Scot & Donna Studebaker, we are pleased to be presenting the Breath of Life Award to Larry & Ritchie Hood and Pacific Portfolio for their continued dedication to the advancement of CF research and fundraising in the Northwest.

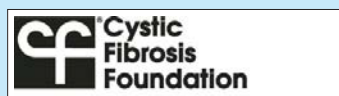
Last year's event sold out so be sure to register EARLY.

CLICK HERE to view the event webpage. For more information, email **ALLIE DELONG** or call at 206-282-4770.

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Quick Links



| Adding *tomorrows* every day

Washington Chapter
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Seattle WA 98101

Questions?
Contact us at (206) 282-4770
or send us an email

[Find us on Facebook](#)

CFF FINEST IN TRI-CITIES & SPOKANE

UPCOMING EVENTS: Enjoy an evening of food, drinks and live music as you mix and mingle with the area's Finest Young Professionals. This elite group is using their leadership skills and business savvy to advance the mission of the Cystic Fibrosis Foundation and to raise funds this summer and fall in some very unique ways. Join us as we recognize and celebrate all of our outstanding honorees. Click on the event site below for more information and to register:

- **TRI-CITIES** - Saturday, November 5
- **SPOKANE** - Saturday, November 18

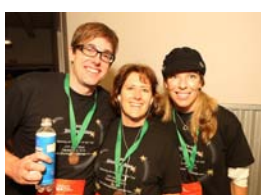
CFF FINEST

KIRKLAND CRAWL IN THE FALL

UPCOMING EVENT: Join us on Saturday, October 1, for the 4th Annual Kirkland Crawl in the Fall. Bring your friends and have a great time while you tour Kirkland, sampling a variety of beers and delicious appetizers along the way. Email **CARMEN NELSON** or **CALLIE BERGAN** to be added to the mailing list.



STAIRCLIMB



UPCOMING EVENT: Climbers are gearing up for the 24th annual StairClimb, presented by Plum Creek Timber and ING Direct | Sharebuilder, to be held on Thursday, December 1, 2011, at the 1201 3rd Avenue Tower in Seattle. The event is open to 550 climbers who will race up 56 floors and, afterwards, will celebrate together at the Happy Landings Party hosted by BJs Restaurant and Brewery. The StairClimb event is dedicated to the memory of Jennifer Lynn Thanem who served as the StairClimb CFF Ambassador for 10 years. **READ MORE...**

EVENT RE-CAPS



GREAT STRIDES: A WALK TO CURE CF

The 24th annual Great Strides walk program in Washington and Alaska has held 12 outstanding walks with one fall walk to be held in Snoqualmie, Washington. Thanks to the participation of each committee member, walker, team leader and sponsor, the Washington/Alaska Chapter has raised over \$890,000 net for CF research and care. **CLICK HERE** to read the newest Footnotes newsletter.

CF MARINERS CARE GOLF TOURNAMENT



On Thursday, June 30, the Seattle Mariners and other local celebrities teamed up to take a swing at CF at the CF-Mariners Care Golf Tournament, presented by Harley Marine Services. Tournament hosts Shawn Kelley & Doug Fister were joined by local business leaders for a great day of golf at the Golf Club at Newcastle. That evening, golfers and guests were treated to a stellar live auction and mystery wine pull. The 26th annual CF-Mariners Care golf tournament and auction raised \$200,000 net. Congratulations to the winning teams of the day:

- 1st Place: Chad Moore, Rich Cleminson, Jon Ambuehl and Mike Brazier
- 2nd Place: Keith Kawachi, Al Jiwani, Bill Mikulka and Justin Smoak
- 3rd Place: Bruce Titus, Marshall Adams, Jeff Pierce and Barry Langdon

CLICK HERE to view photos from the event.

TACOMA TENNIS BALL & AUCTION



Friday, May 6, was a great night in Tacoma for cystic fibrosis, the 23rd Annual Tennis Ball & Auction, presented by Bruce Titus Automotive Group and Murray Pacific Foundation, raised \$70,000 net for CF research and care. The following day featured a fierce Pro-Am competition with Bayard Blair & Pat Galbraith taking first place in the Fun Flight and Stephen Baldwin & Peter Malacek taking top honors in the Competitive Flight. Stay tuned for details for next year's Tennis Ball!

FREMONT TROLL STROLL

On Saturday, April 16, over 1,500 participants raised a glass to support CF in the Fremont neighborhood of Seattle. The 10th Annual Fremont Troll Stroll raised \$65,000 net to benefit the Washington Chapter.



SHOOT FOR THE CURE



The 4th Annual SHOOT FOR THE CURE, held on May 20, 2011, in Anchorage, Alaska, was a huge success. There was record participation with a field of over 40 teams shooting at the Birchwood Recreation & Shooting Park. A banquet with live and silent auctions, raffles, and entertainment by local legend Hobo Jim rounded out the event that evening. Heartfelt gratitude goes out to our Platinum, Gold and Silver Sponsors and to all of our team participants.

Congratulations to the winning teams of the day: Peak Oilfield Service Company, Udelhoven Companies and Pebble Partnership.

CLICK HERE to view the event webpage and watch a slideshow of the day's events.

LYNDEN BIKE-A-THON



The 28th Annual Lynden Bike-a-thon was held on Saturday, May 14, at 9 a.m. at the Lynden Fairgrounds. The event was dedicated to the memory of Bill Vander Pol, who was the Bike-a-thon chair for 25 years, and to Melanie Plagerman, a longtime Lynden Bike participant who lost her courageous battle with CF earlier this year.

Seventy-four bike riders came out for a fun day, with a course through the Fairgrounds and ending with a post-event barbecue. Over its history the Bike-a-thon has raised nearly \$950,000.

DAVID FANNING MEMORIAL GOLF TOURNAMENT



On Saturday, May 14, the David Fanning Memorial Golf Tournament was held at the Golf Club at Hawks Prairie in Lacey. Over the past nine years this tournament has raised over \$122,000! A special thanks to our top sponsors this year: Harley Marine Services, PCS Structural Solutions and Martin's Southgate Drug. Mark your calendars: the 10th Annual Tournament will be held Saturday, May 12, 2012.

*Many thanks to our wonderful family of supporters!
We hope to see you and your friends
at an upcoming event!*