

Tips on Great Strides Registration:

- The **fastest and best** way to get through Registration is to be pre-registered online. If you haven't registered yet, please go to <http://greatstrides.cff.org> today!
- Turn in your **money ahead of time** – this will get you through Registration quickly and efficiently.
- Have your **Walker Brochure** filled out completely before you get to the Registration table.
- If you're turning in **money on walk day**, please be sure that this dollar amount is listed under "TOTAL ENCLOSED IN ENVELOPE."
- Make sure to have signed your **waiver**, for yourself and for any minors with you.
- If you are registering for a **fundraising prize**, you will need to fill out a Walker Brochure on walk day. You also have the option of donating these prizes back to the CF Foundation. By donating prizes back to CFF, you will contribute more to the fight against CF.
- Don't forget to ask your company if they have a **matching gifts program!** This is a great way to double your own donation! Check with your donors, too – many of these people work for companies with matching gifts programs.

Volunteer Spotlight's On...

Samantha Ditzman, Great Strides Green Bay

Samantha Ditzman, of Green Bay, Wisconsin, is a shining example of enthusiasm in today's youth. Sam is a 12 year old Great Strides Team Leader motivating her peers to get involved in the fight against cystic fibrosis to improve the quality of life for those with the disease.

Having been involved in Great Strides for the last few years, Sam decided to become a Team Leader in 2007 and she successfully led her 16-person team to surpass their \$1,000 team goal! She has renewed her team this year and began implementing creative fundraising ideas through her Peer Group, "Peers On Problem-Solving", at school. Through her direction, Sam's school will soon participate in a "Pie-A-Teacher" raffle, where students will have the opportunity to throw pies at their favorite (or least favorite) teachers. She also plans to utilize the online letter writing campaign resource to reach out to her own family, her friends and their families as well.

Although only 12 years young, Sam's determination to make a difference is admirable and inspirational. Spreading awareness and hope, Sam fundraises and walks in honor of her step-sister Taylor, who is 7 years old.

Sam's past achievements reflect her commitment to Great Strides and to helping everyone with CF. One can only imagine what her future accomplishments will be as she helps make finding the cure a reality.

Why online fundraising?

BECAUSE IT'S TWICE AS NICE!

Believe it or not, many people have yet to jump on the Online Letter Writing Campaign bandwagon. There's no reason NOT to use this effective, efficient fundraising tool. And the arguments for it are endless!

- The average online donation is more than twice the average donation from a traditional letter-writing campaign.
- Online donations are as secure as writing a check.
- Online fund-raising is fast and easy! Donors respond quickly to an online request because they can use their credit card and process the donation immediately. No return envelopes or stamps required.
- Managing your fund-raising online is as easy as pie!
- You can thank your donors immediately using e-mail!

Many fundraisers have been successful in combining the old with the new. You can continue your hand-written letter writing campaign for friends and relatives that do not have access to e-mail, or prefer a personal touch. It only takes an additional 10 minutes to copy your letter into e-mail and send it to your e-mail contacts!

If you have questions regarding online fundraising, please feel free to contact the CF Foundation.

Have you registered for Great Strides yet? Register today at www.cff.org/great_strides and get started!

How close are you to reaching your fundraising goal?

If you think it's too late to make significant progress, think again! These easy, last-minute fundraisers can bring you and your team closer to your GREAT STRIDES goals, and closer to making CF stand for CURE FOUND!

1. **Plan a yard sale!** Ask friends, neighbors and relatives to donate unwanted clothing and household items and hold a yard sale. This one-day effort can easily raise hundreds of dollars!
2. Hold a **bake sale** at your place of worship.
3. Have you heard about the **online letter writing campaign?**
4. Better Odds Than Potawatomi! On payday Friday, go around the office and ask co-workers to **donate \$20**. Have everyone write their name on their bill and put it in a bag. Draw a \$20 bill. The winner receives half of the revenue, the rest goes toward your walk!
5. Remember: **DON'T BE AFRAID TO ASK.** Neighbors, friends, family, co-workers.

Believe in the mission of the Cystic Fibrosis Foundation, and remember how close we are to a cure!



What Do I Need On Walk Day?

- ♦ **Bring your signed 'sponsor form and collection envelope', as well as any pledge money.**
- ♦ **If you are part of a team, know the name of your team and the name of your team leader.**
- ♦ **If you have any outstanding pledges please inform the registration volunteer. Money brought in after the walk still counts!**
- ♦ **Wear weather appropriate clothing and a SMILE!**
- ♦ **Be ready to have FUN walking for a great cause!**

With over \$102 million committed to vital CF research in 2008, we need your help now more than ever to continue the terrific progress we have made!

Check out the dates below to see when you STRIDE this year!

- Saturday, April 26**
Appleton - Pierce Park Pavilion
- Saturday, May 10**
Fond du Lac - FDL Yacht Club
- Saturday, May 17**
Sheboygan - St Luke Methodist Church
- Saturday, May 17**
Green Bay - Colburn Park
- Sunday, May 18**
Racine/Kenosha - UW Parkside
- Milwaukee - Milwaukee County Zoo

Check out the dates for our other upcoming events!

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| 4-Ball Golf
Monday, July 21
Hidden Glen Golf Club | PCC/Milwaukee Bucks Golf
Monday, Sept 22
Ozaukee Country Club |
| Breath of Life Golf
Monday, July 28
Twin Oaks Golf Course | Brew Madness
Friday, October 3
Milwaukee County Zoo |
| Shoot for a Cure
Thursday, Sept 11
The Highlands | The Grand Evening
Friday, November 14
SC Grand |
| Breath of Life Gala
Saturday, Sept 13
Miller Park | Climbing for a Cure
Thursday, November 20
US Bank Building |

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