

# Cystic Fibrosis Foundation - Arizona Chapter

## 2018 Special Events



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## GREAT STRIDES— Lace up. Walk. Cure CF.



On the 30th anniversary of Great Strides – the Cystic Fibrosis Foundation's largest national fundraising event – we celebrate the many milestones we have achieved thanks to our supporters. Great Strides is a fun-filled event where you can walk with family, friends, neighbors, and co-workers to support the search for a cure for cystic fibrosis. Each registered walker who raises at least \$100 will receive an official Great Strides t-shirt. Walkers who raise \$500 or more will be recognized as Super Striders on walk day and receive a gift of appreciation for their fundraising efforts. We don't just want to treat CF, we want to end CF. Let's keep making Great Strides until we have a cure. **For more information visit [greatstrides.cff.org](http://greatstrides.cff.org)**

04/22/18 — Tempe, AZ    04/28/18 — Tucson, AZ

09/08/18 — Prescott, AZ    12/08/18 — Scottsdale, AZ

## ENDURANCE EVENTS



### CF Climb

**Date: October 6, 2018**

**Location: ASU Sun Devil Stadium, Tempe**

The Cystic Fibrosis Foundation, Arizona Chapter is proud to announce its 38th year of going vertical to defeat cystic fibrosis (CF). Help us 'add tomorrows' for those living with CF by recruiting your friends, family, colleagues and neighbors to join us at the CF Climb.

### CF Cycle for Life—Jingle Bell ride

**Date: December 1, 2018**

**Location: Udall Park-Tucson, AZ**

Join us for the CF Foundation's premier cycling event, CF Cycle for Life. Our Jingle Bell Ride will take you along the Rillito River Loop and includes support along the route, great food, entertainment and a visit from Santa. Choose from two routes: a 10-mile route perfect for any skill level or the 20-mile route for a for a longer ride. Register to enjoy this family-fun event!



### CF Cycle for Life: Spin Edition

**Date: August 18, 2018**

**Location: TBD in Phoenix, AZ**

This year's ride takes a spin at various indoor cycling studios around the Valley. Raise money to sponsor your indoor sweat-session then join us for a post-ride celebration at Helio Basin Brewing Company.

## ENDURANCE EVENTS (CONT'D)



### Arizona Xtreme Hike

**Dates:** Summer Xtreme Hike June 1-3, 2018; Fall Xtreme Hike Sept. 14-16, 2018

**Location:** Grand Canyon

Xtreme Hike, Grand Canyon, provides the opportunity to hike one of the natural wonders of the world. This 25-mile one-day hike takes hikers from one Rim to the other depending on the selected Hike. All hikers will enjoy accommodations for two nights at Grand Canyon hotels.

## SPECIAL EVENTS



CYSTIC FIBROSIS FOUNDATION

### Round Up for a Cure for CF

**Date:** Saturday, September 22, 2018

**Location:** Old Tucson Studios

This wildly fun shindig is an affirmation of the Cystic Fibrosis family of friends and the greater community in #Tucson gathering together to make a difference.



65 Roses & Wine Gala

CYSTIC FIBROSIS FOUNDATION

### 65 Roses & Wine Gala

**Date:** November 30, 2018

**Location:** Warehouse 215 at Bentley Projects in Phoenix, AZ

This year we are excited to move the event to Warehouse 215 at Bentley Projects in the heart of Phoenix's urban-chic Warehouse District. You will experience a tasting of high-end wine and spirits, delectable food, a lively auction, and the opportunity to impact the lives of those with cystic fibrosis.

## INDIVIDUAL GIVING



help us carry out our lifesaving mission, helping us advance new treatments and pursue every opportunity for promising research that can lead us to a cure.

Become a member of Partners in Progress, the CF Foundation's annual fund. Your donation will



in a calendar year. Major gifts help to support the CF Foundation's mission to fund the vital research that our patients and families depend on.

Join the Milestones II campaign by making a major gift of \$10,000 or more

**Important Note on Attendance at Foundation Events:** To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.