

Cystic Fibrosis Foundation – Alabama Chapter

2019 SPECIAL EVENTS

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GREAT STRIDES



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information: visit www.fightcf.cff.org/greatstrides

April 6 - Tuscaloosa

April 13 - Montgomery

May 11 - Huntsville

May 18 - Mobile

April 6 - Dothan

May 11 - Birmingham

May 18 - Auburn

SPECIAL EVENTS



October 11, 2019
Selwood Farm

Test your marksman skills at one of the premier sporting clays facilities in the south, Selwood Farm, in Alpine, Alabama. Teams of four shooters compete in a round-robin morning tournament with the option to participate in two fun shooting games! Lunch will be served during the award ceremony.



November 21, 2019
The Theodore

This cocktail event is the grand finale for our Birmingham's Finest campaign, recognizing young professional Honorees for their outstanding contributions to their profession and the community, highlighting their commitment to the CF Foundation.

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times



CYSTIC FIBROSIS FOUNDATION

ADDING TOMORROWS

VIRTUAL EVENTS

researchCON

CYSTIC FIBROSIS FOUNDATION

February 28, 2019

The first ResearchCon is a virtual event that will be dedicated to cystic fibrosis science and research around infections, a top priority for the CF community.

CF FamilyCon 2019

June 9, 2019

The second annual CF FamilyCon will provide adults with cystic fibrosis and their families a space to connect, share, and learn from each other.

BreatheCon 2019

September 20, 2019

The fourth annual BreatheCon will provide a space for adults with cystic fibrosis to connect, share, participate in fun activities, and learn from others with CF.

2019 CF MiniCon: Transplant

November 14, 2019

CF MiniCon: Transplant will provide adults with cystic fibrosis and their families an opportunity to explore all stages of the transplant process.

For information about Virtual Events, go to www.cff.org/Get-Involved/Participate

INDIVIDUAL GIVING



Cystic Fibrosis Foundation
Annual Fund

Become a member of Partners in Progress, the CF Foundation's annual fund, with donations up to \$10,000 and help fund lifesaving research and medical programs for people with CF.