Cystic Fibrosis Foundation – Alabama Chapter

2020 SPECIAL EVENTS

Alabama Chapter Office: 200 Office Park Drive, Suite 115, Birmingham, Alabama 35223
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Stay connected! Follow us on Facebook: www.facebook.com/CFFAlabama

GREAT STRIDES

Great Strides is the CF Foundation’s largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information: visit www.fightcf.cff.org/greatstrides

April 4 - Tuscaloosa
April 11 - Dothan
April 18 - Mobile
April 25 - Montgomery

April 25 - Auburn
May 2 - Birmingham
May 9 - Huntsville

SPECIAL EVENTS

Test your marksman skills at one of the premier sporting clays facilities in the south, Selwood Farm, in Alpine, Alabama. Teams of four shooters compete in a round-robin morning tournament with the option to participate in two fun shooting games! Lunch will be served during the award ceremony.

October 9th, 2020
Selwood Farm

This cocktail event is the grand finale for our Birmingham’s Finest campaign, recognizing young professional Honorees for their outstanding contributions to their profession and the community, highlighting their com-mitment to the CF Foundation.

November 2020
The Theodore

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation’s attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.
### VIRTUAL EVENTS

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Description</th>
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<tbody>
<tr>
<td>ResearchCon</td>
<td>April 16th, 2020</td>
<td>A virtual event dedicated to cystic fibrosis science and research around infections, a top priority for the CF community.</td>
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<tr>
<td>CF FamilyCon 2020</td>
<td>June 18th-20th, 2020</td>
<td>The third annual CF FamilyCon will provide adults with cystic fibrosis and their families a space to connect, share, and learn from each other.</td>
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<tr>
<td>BreatheCon 2020</td>
<td>September 25-26th, 2020</td>
<td>The fifth annual BreatheCon will provide a space for adults with cystic fibrosis to connect, share, participate in fun activities, and learn from others with CF.</td>
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<tr>
<td>CF MiniCon: Transplant</td>
<td>February 25, 2021</td>
<td>CF MiniCon: Transplant will provide adults with cystic fibrosis and their families an opportunity to explore all stages of the transplant process.</td>
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For information about Virtual Events, go to www.cff.org/Get-Involved/Participate

### INDIVIDUAL GIVING

**65 Roses Club**

The 65 Roses Club is comprised of dedicated members of the CF community that help make a difference for people with CF every month.

Your monthly support will help the CF Foundation advance the development of new drugs to fight the disease, increase access to treatments, and provide resources to those with CF that can improve their lives.