

Cystic Fibrosis Foundation – Northern California Chapter

2019 SPECIAL EVENTS

Northern California Chapter Office: 235 Montgomery St. Ste 724, San Francisco, CA 94104
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GREAT STRIDES

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CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information: visit greatstrides.cff.org

April 27 – Walnut Creek

May 4 – Sacramento

May 18 – San Francisco

May 19 – San Jose

September 8 – Santa Rosa

September 28 – Gustine

November 2 – Santa Cruz

ENDURANCE EVENTS



CYSTIC FIBROSIS FOUNDATION

June 15, 2019 – Penngrove Park, Penngrove

Cycle for Life is a pledged fundraising event featuring a 25, 40, or 65 mile ride through the beautiful Sonoma County. The fundraising minimum is \$150.

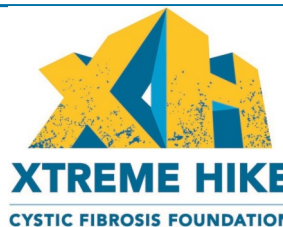
For more information visit: fightcf.cff.org/NCACycle

Xtreme Hike

October 11-13 | Yosemite National Park

Xtreme Hike is about reaching new heights – both physically and philanthropically. It's a journey of passion, determination, and personal triumph, as much as it is an opportunity to make a difference in the lives of people with cystic fibrosis.

For more information visit: fightcf.cff.org/ncahike



XTREME HIKE
CYSTIC FIBROSIS FOUNDATION

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times

SPECIAL EVENTS

BREATH OF LIFE *Gala*

CYSTIC FIBROSIS FOUNDATION

Breath of Life Gala

March 9

Four Seasons Hotel San Francisco

The Breath of Life Gala is an annual black tie dinner, reception, and auction honoring those who have made an outstanding contribution to our community.

For more information visit: events.cff.org/sfbreathoflife



CYSTIC FIBROSIS FOUNDATION

65 Roses Golf Classic

October 2019

Location TBD

Hosted annually at one of the Bay Area's top courses, the 65 Roses Golf Classic provides an ideal setting for entertaining strategic business partners, networking with other leading professionals, and contributing to a great cause.



TASTE FOR A CURE
CYSTIC FIBROSIS FOUNDATION

Taste for a Cure

October 20, 2019

The Maples, Woodland, CA

Website coming soon!

INDIVIDUAL GIVING

Annual Fund

Your gift of support to the Annual Fund provides important, unrestricted resources that help us accelerate our efforts to pursue a cure for cystic fibrosis, fund development of new therapies, and help all people with cystic fibrosis live longer, healthier lives.

fightcf.cff.org/sanfrancisco-anf

65 ROSES® CLUB

CYSTIC FIBROSIS FOUNDATION

You're invited to join the **65 Roses® Club**, a special group of Cystic Fibrosis Foundation donors dedicated to finding a cure for cystic fibrosis. Members make a monthly gift which provides consistent, reliable support to the CF Foundation, that helps those living with CF lead longer, healthier lives by advancing high-quality care and innovative research. Whatever amount you choose to give, you will remain part of a strong community that supports people with cystic fibrosis.

www.cff.org/Give-Monthly