# Cystic Fibrosis Foundation - Northern California Chapter

# 2018 SPECIAL EVENTS

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# **GREAT STRIDES**



**GREAT STRIDES** Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.



For more information: visit greatstrides.cff.org

May 5 - Walnut Creek

May 6 - San Jose May 19 - San

Francisco

Fall 2018 - Santa Rosa

September 29 - Gustine

November 3-

Santa Cruz

### **ENDURANCE EVENTS**



Cycle for Life is a pledged fundraising event featuring a 25, 40, or 65 mile ride through the beautiful, California coast in the town of Half Moon Bay. The fundraising minimum of

For more information visit: http://fightcf.cff.org/NCACycle

June 16, 2018 - Half Moon Bay

#### September 14-16 **Yosemite National Park**

Xtreme Hike is about reaching new heights – both physically and philanthropically. It's a journey of passion, determination, and personal triumph, as much as it is an opportunity to make a difference in the lives of people with cystic fibrosis.

**For more information visit:** http://fightcf.cff.org/ncaxtremehike



Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times

# **SPECIAL EVENTS**



Breath of Life Gala

March 3, 2018

The Breath of Life Gala is an annual black tie dinner, reception, and auction honoring those who have made an outstanding contribution to our community.

65 Roses Golf Classic Fall 2018

Hosted annually at one of the Bay Area's most acclaimed and top-rated course, the 65 Roses Golf Classic provides an ideal setting for entertaining strategic business partners, networking with other leading professionals, and contributing to a great cause.



# **INDIVIDUAL GIVING**



Cystic Fibrosis Foundation Annual Fund



Become a member of Partners in Progress, the CF Foundation's annual fund, with donations up to

Join the Milestones II campaign by making a major gift of \$10,000 or more in a calendar year. Major gifts help to

\$10,000 and help fund lifesaving research and medical support the CF Foundation's mission to fund the vital programs for people with CF. research that our patients and families depend on.