

Cystic Fibrosis Foundation – Central New York Chapter

2020 SPECIAL EVENTS

Central New York Chapter Office: 200 Gateway Park Drive, Bldg C, Syracuse, NY, 13212
315.463.7965 | central-ny@cff.org | cff.org/centralny

Stay connected! Follow us on Facebook: www.facebook.com/CFFCentralNY

GREAT STRIDES

GREAT STRIDES

CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information: visit greatstrides.cff.org

Ithaca - May 1, 2020

Ogdensburg - May 2, 2020

Syracuse - May 9, 2020

Binghamton - May 16, 2020

Mohawk Valley - May 16, 2020

ENDURANCE EVENTS



XTREME HIKE

CYSTIC FIBROSIS FOUNDATION

Xtreme Hike is a journey of hope, determination, and perseverance. A journey that will push you physically and philanthropically. Xtreme Hike embraces a personal challenge of spirit and strength, while making an important difference in the lives of people with cystic fibrosis.

For more information visit: xtremehike.cff.org

Lake Placid, NY

August 21–23, 2020

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times

SPECIAL EVENTS



65 Roses Gala ~ February 29, 2020

DoubleTree Hotel, Syracuse, NY 13057

Please join us for the 7th Annual 65 Roses Gala! We will wine, dine, and dance the night away while enjoying exciting silent auctions and entertainment!! You won't want to miss our most glamorous night of the year! This event will help fund the efforts to reach the Cystic Fibrosis Foundation's mission of finding a cure for CF.



CF Golf Classic ~ June 12, 2020

Sunset Ridge Golf Club , Marcellus, NY 13108

Join us at Sunset Ridge Golf Club for a great day of golf, food and fun! The Golf Classic provides a day out on the links for a great cause, complete with prizes, auctions and more!



Taste of the Tier ~ November 12, 2020

The DoubleTree Hotel, Binghamton, NY 13901

Taste of the Tier is an elegant evening of sumptuous cuisine featuring the region's best and most unique food vendors and talented chefs. Southern Tier bakers, brewers, baristas, wineries, and restaurants present delicious signature samplings during an entertaining evening of silent and live auctions, raffles, entertainment, and more!

INDIVIDUAL GIVING

Annual Fund

Your gift in support of the Annual Fund provides important, unrestricted resources that help us accelerate our efforts to pursue a cure for cystic fibrosis, fund the development of new therapies, and help all people with CF live fuller, healthier lives.

fightcf.cff.org/centralny-anf



You're invited to join the **65 Roses® Club**, a special group of Cystic Fibrosis Foundation donors dedicated to finding a cure for cystic fibrosis. Members make a monthly gift which provides consistent, reliable support to the CF Foundation, that helps those living with CF lead fuller, healthier lives by advancing high-quality care and innovative research. Whatever amount you choose to give, you will remain part of a strong community that supports people with cystic fibrosis.

www.cff.org/Give-Monthly