

Cystic Fibrosis Foundation – Rocky Mountain Chapter

2020 SPECIAL EVENTS

Rocky Mountain Chapter Office: 400 S. Colorado Blvd., Ste 840, Denver, CO 80246
303-296-6610 | RockyMountain@cff.org | RockyMountain.cff.org

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GREAT STRIDES

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CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information visit: greatstrides.cff.org

El Paso – March 28th
Roswell – April 4th
Albuquerque – May 2nd

Denver – May 9th
Colorado Springs – May 16th

Northern Colorado – June 13th
Longmont – August 15th

Billings – June 27th
Missoula – June 27th

ENDURANCE EVENTS



CYSTIC FIBROSIS FOUNDATION

TBD Summer

CF Climb is an exhilarating stair-climbing and fundraising event that raises awareness and funds for the Cystic Fibrosis Foundation. Family, friends and co-workers unite and climb 3,865 stairs for a one of a kind event at Sports Authority Field. Race up the stairs like a professional football player or go at your own pace, all for a great cause. Enjoy a post climb celebration with food, drinks and entertainment.

CF Cycle for Life is a ride, not a race with routes designed for everyone – including you. You will travel a route supported from start to finish with rest stops stocked full of snacks to fuel the journey and plenty of fans to cheer you on. After you cross the finish line you'll enjoy post event festivities, food and a beer garden to wind down with your fellow riders. For more information visit: <http://rockymountain.cff.org/cycle>

August 15th



September 18th-20th

Join your new best friends on a fun-filled weekend hiking in the beautiful Rocky Mountains where you'll challenge yourself to 10-18 miles through Vail. Xtreme Hike includes three months of training hikes and Hike Happy Hours, over-night accommodations on Hike Weekend, Friday night dinner, breakfast and lunch on hike day, a celebratory dinner post-hike, and an awards breakfast on Sunday morning.

For more information visit: <http://rockymountain.cff.org/hike>

DINNER/DANCE EVENTS



Rocky Mountain's Finest is an evening cocktail and dinner celebratory event recognizing 20-25 young professionals in the region for their professional and community accomplishments. Each honoree takes on the role of finding a cure for cystic fibrosis to help raise funds for research. Come network and enjoy live entertainment with some of Colorado's finest young professionals. **For more information visit:** <https://finest.cff.org/rockymountain>

March 28th



Our premier annual event for foodies. Cystic Fibrosis Foundation's Chefs Challenge will allow you to taste innovative food from some of Denver's top chefs. Plus you get to be the judge! Bring your friends and enjoy drinks, and delicious food and desserts for a good cause.

July 23rd



Elegant, entertaining, and heartwarming, the Breath of Life Gala is an event you won't want to miss. The evening includes a gourmet dinner, special musical performances, dancing, live and silent auctions, as we present The Breath of Life award.

TBD November 2020

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times