

Cystic Fibrosis Foundation – Charlotte Chapter

2018-2019 SPECIAL EVENTS

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GREAT STRIDES

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CYSTIC FIBROSIS FOUNDATION



Great Strides

May 2018

Various Locations in the Carolinas

Great Strides has been the CF Foundation's largest national fundraiser since 1988. Families, corporate teams and individuals collect donations to support vital CF research and care programs. *For more information visit <http://greatstrides.cff.org>*

04/28/18 - Asheville/Rutherfordton

05/04/18 - Rock Hill

05/04/18 - Franklin

05/05/18 - Brevard

05/05/18 - Gastonia

05/06/18 - Monroe

05/19/18 - Charlotte

05/27/18 - Boone

ENDURANCE EVENTS



CYSTIC FIBROSIS FOUNDATION

CF Cycle for Life

August 18, 2018

at Draught Charlotte/The Foundry

Join us for the Charlotte region's 7th Annual CF Cycle For Life® ride! With a few route options, cyclists will ride along miles of cycle-friendly roads rolling beside beautiful scenic views. Training rides will begin in the spring to get everyone ready for the ride. Sign up as an individual cyclist or form your team today! Contact Nick Breaux to learn more: nbreaux@cff.org

Xtreme Hike to Cure Cystic Fibrosis

Spring: April 20-22, 2018 | Fall: September 28-30, 2018
on the Appalachian Trail

In just one day, a team of dedicated hikers will navigate 30.1 miles of mountainous terrain to help raise awareness and funds to cure cystic fibrosis. The entire hike weekend and trail support are included in the program experience along with a three-month training program and weekly team training sessions in and around the Charlotte area. If you like challenge and adventure, this is the program for you. Contact Dede Sidbury to learn more: dsidbury@cff.org



XTREME HIKE
CYSTIC FIBROSIS FOUNDATION

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.

SPECIAL EVENTS



Adding Tomorrows

The mission of the Cystic Fibrosis Foundation, a non profit donor-supported organization, is to cure cystic fibrosis and to provide all people with the disease the opportunity to lead full, productive lives by funding research and drug development, promoting individualized treatments, and ensuring access to high quality, specialized care.

Rocktoberfest September 22, 2018 at The Fillmore Charlotte

Join the CF Foundation for the most ROCKIN' event of the year! If you're looking for a great night of music, food and fun, Rocktoberfest is your ticket! The event includes incredible live and silent auctions plus live music. Contact Gwyn Taylor to learn more: gtaylor@cff.org



CYSTIC FIBROSIS FOUNDATION

STANDOUT November 1, 2018 at The Ritz-Carlton

The CF Foundation honors 25 outstanding individuals for their leadership in our community. We gather to celebrate and recognize their accomplishments. If you know a STANDOUT who should be honored, please contact our office to nominate them. Contact Gretchen Rohleder to learn more: grohleder@cff.org



CYSTIC FIBROSIS FOUNDATION

Brewer's Ball October 20, 2018 at Discovery Place

Not your average beer festival! Don your cocktail attire for the 8th Annual Brewer's Ball and sample a variety of handcrafted ales and lagers from more than a dozen of the region's best microbreweries and brewpubs, while also enjoying the cuisine of several popular restaurants. The night is highlighted with bidding on unique auction items, great musical entertainment, and mixing and mingling with your fellow beer enthusiasts. Contact Gretchen Rohleder to learn more: grohleder@cff.org



CYSTIC FIBROSIS FOUNDATION

Fashion Breathes Life January 26, 2019 at The Mint Museum Uptown

The Charlotte Chapter is proud to present its most glamorous event, the 4th Annual Fashion Breathes Life. Fashion Breathes Life will feature top designer fashions presented by prominent designers, elegant dining, a unique auction and the chance to mix and mingle with some of the Queen City's elite. Contact Rachel Staton to learn more: rstaton@cff.org



CYSTIC FIBROSIS FOUNDATION

An Evening with the Master Chefs March 2, 2019 at Quail Hollow Club

Top chefs from throughout the region will gather in one kitchen to prepare a multi-course dinner prepared in spectacular fashion. Each chef prepares his own course and every course is accompanied by a special wine pairing for the ultimate indulgence. A fabulous live and silent auction cap off the evening. This event is the toast of Charlotte's dining affairs and certain to be one you plan to attend year after year. Seating is limited. Contact Gwyn Taylor to learn more: gtaylor@cff.org



CYSTIC FIBROSIS FOUNDATION

Guys & Dolls Auction Gala Spring 2019 at Hilton Charlotte Center City

In its 19th year, the Guys & Dolls Auction Gala is one of the most exciting social events in town. A group of young professionals join us in the fight to cure CF by fundraising and putting together an exciting live auction package up to bid on event night. We are always looking for "Guys" and "Dolls" to join us as part of the event. Tickets, tables and sponsorships are available and always go fast for this signature young professionals' event. Contact Gretchen Rohleder to learn more: grohleder@cff.org



CYSTIC FIBROSIS FOUNDATION

INDIVIDUAL GIVING



Cystic Fibrosis Foundation
Annual Fund

Become a member of Partners in Progress, the CF Foundation's annual fund, with donations up to \$10,000 and help fund lifesaving research and medical programs for people with CF.

<http://fightcf.cff.org/charlotte-anf>