

Cystic Fibrosis Foundation – Connecticut Chapter

2019 SPECIAL EVENTS

Connecticut Chapter Office: 101 Centerpoint Drive, Suite 107, Middletown, CT, 06457
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Stay connected! Facebook: <https://www.facebook.com/CFCT>
Twitter: @CFF_Conn, Instagram: [cff_connecticut](https://www.instagram.com/cff_connecticut)

GREAT STRIDES



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.
For more information: visit [greatstrides.cff.org](https://www.greatstrides.cff.org)

05/05/2019 - West Haven
05/05/2019 - New London
05/18/2019 - Southbury
05/18/2019 - Manchester

05/19/2019 - Madison
05/19/2019 - Wethersfield
05/19/2019 - New Canaan
06/01/2019 - Avon

06/02/2019 - Danbury
09/2019 - Putnam

ENDURANCE EVENT



CF Cycle for Life
September 21, 2019
CFF Connecticut Chapter

Our annual CF Cycle for Life, as we ride through the scenic Connecticut River Valley countryside. It is a fully-supported ride with route options of 25 & 50 miles -perfect for any skill level.

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times

SPECIAL EVENTS



CYSTIC FIBROSIS FOUNDATION

65 Roses Golf Classic
June 26, 2019
Wethersfield Country Club

Golfing on a historic course, a great golfer gift package, dinner and unique auction items highlight the day.

Raise A Glass
April 27, 2019
Farmington Gardens



CYSTIC FIBROSIS FOUNDATION

Wine, beer, and spirits tasting inspired by local CF Hero, Clark Grady.

<https://raiseaglass.eventscff.org/>



CYSTIC FIBROSIS FOUNDATION

Nell's Marathon Golf
September 3, 2019
TPC River Highlands

Come join us for a day of golf like no other. Challenge the course where the pros play, the recently renovated TPC River Highlands. The limited field of 40 players allows us to have to unique opportunities and challenges the usual tournament can not.

Hartford's Finest
July 25, 2019
Hartford Marriott Downtown



A TOAST TO CONNECTICUT'S OUTSTANDING PROFESSIONALS
CYSTIC FIBROSIS FOUNDATION

Honoring Hartford's Finest, professionals from around Hartford County who exhibit exemplary leadership, are active in their community, and have excelled in their chosen field.

New Haven's Finest
July 18, 2019
New Haven Lawn Club



A TOAST TO CONNECTICUT'S OUTSTANDING PROFESSIONALS
CYSTIC FIBROSIS FOUNDATION

Honoring New Haven's Finest, professionals from around New Haven County who exhibit exemplary leadership, are active in their community, and have excelled in their chosen field.

THE ROSE BALL

CYSTIC FIBROSIS FOUNDATION

Rose Ball
November 16, 2019
Hartford Marriott Downtown

A black-tie optional welcome gala, honoring Connecticut's community leaders and CF heroes. Dinner, dancing and auctions highlight the evening.

INDIVIDUAL GIVING



Cystic Fibrosis Foundation
Annual Fund

Become a member of Partners in Progress, the CF Foundation's annual fund, with donations up to \$10,000 and help fund lifesaving research and medical programs for people with CF.



ADDING TOMORROWS

Join the Milestones II campaign by making a major gift of \$10,000 or more in a calendar year. Major gifts help to support the CF Foundation's mission to fund the vital research that our patients and families depend on.