

Cystic Fibrosis Foundation – Connecticut Chapter

2021 SPECIAL EVENTS

Connecticut Chapter Office: 101 Centerpoint Drive, Suite 107, Middletown, CT, 06457
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Stay connected! Facebook: www.facebook.com/CFCT

Twitter: @CFF_Conn, Instagram: [cff_connecticut](https://www.instagram.com/cff_connecticut)

IMPORTANT NOTE:

To protect the health and well-being of the cystic fibrosis community and CF Foundation staff during the COVID-19 outbreak, the cystic fibrosis community is finding new ways to come together through virtual experiences. Stay tuned to see how you can participate at our events this year!

GREAT STRIDES

GREAT STRIDES[®]

CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues.

VIRTUAL GREAT STRIDES: MAY 15th, 2021

For more information please visit
greatstrides.cff.org

ENDURANCE EVENT



Cycle For Life
September TBD, 2021

Middletown, CT

CF Cycle for Life is the Cystic Fibrosis Foundation's premiere cycling event. Each year, thousands of cyclists gather in dozens of cities across the nation to take part in an exciting effort to raise funds and awareness for cystic fibrosis.

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function.

To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times

SPECIAL EVENTS



New Haven's Finest
December 1, 2021
Anthony's Ocean View

Honoring New Haven's Finest professionals from around New Haven County who exhibit exemplary leadership, are active in their community, and have excelled in their chosen field.

Hartford's Finest
November 11, 2021

Hartford Marriott Downtown

Honoring Hartford's Finest professionals from around Hartford County who exhibit exemplary leadership, are active in their community, and have excelled in their chosen field.



CYSTIC FIBROSIS FOUNDATION

Raise A Glass
November 20, 2021
Farmington Gardens

Wine, beer, and spirits tasting inspired by local CF Hero, Clark Grady.

Golf Challenge
September 7, 2021
TPC River Highlands

Come join us for a day of golf like no other. Play where the pros play, TPC River Highlands. The limited field allows us to have to unique opportunities and challenges the usual tournament can not.



THE ROSE BALL

CYSTIC FIBROSIS FOUNDATION

Rose Ball
October 16, 2021
Hartford Marriott Downtown

A black-tie optional gala, honoring Connecticut's community leaders and CF heroes. Dinner, dancing and auctions highlight the evening.