

**Cystic Fibrosis Foundation – Michigan Chapter**  
**2018 SPECIAL EVENTS**

Serving Michigan & Northwest Ohio | Chapter Office: 2265 Livernois, Suite 410, Troy, MI 48083  
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## GREAT STRIDES

### GREAT STRIDES CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information, visit: [greatstrides.cff.org](http://greatstrides.cff.org)

April 29   Metro Detroit	May 12   Kalamazoo, MI	May 20   Grand Haven, MI	June 9   Lansing, MI
May 5   Davison, MI	May 12   Harland, MI	May 20   Remus, MI	June 9   Mt. Pleasant, MI
May 5   Toledo, OH	May 19   Grand Rapids, MI	June 2   Frankenmuth, MI	June 9   Petoskey, MI
May 12   Ann Arbor, MI	May 19   Auburn Hills, MI	June 2   Port Huron, MI	Sept 9   Ludington, MI
May 12   Fremont, OH	May 20   Findlay, OH	June 3   Muskegon, MI	

## ENDURANCE EVENTS



Join us for the CF Foundation's premier cycling event, CF Cycle for Life. Our 4th annual bicycle event will take you through some of the most scenic terrain. CF Cycle for Life features well-stocked rest stops every 8-10 miles, bike mechanics along the route, support vehicles, great food, entertainment, and much more. For more information, please contact Caitlin Ulrich at (248) 269-8759 or [culrich@cff.org](mailto:culrich@cff.org)

**Cycle For Life | October 6, 2018**

Fenton Community and Cultural Center  
Fenton, MI

**Important Note on Attendance at Foundation Events:** To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times

## SPECIAL EVENTS



### Shoot for a Cure

October 11, 2018

Detroit Gun Club | Walled Lake, MI

The 11th Annual Shoot for a Cure event is a fun filled clay shooting tournament.

Teams of six will enjoy a day of clay shooting, a silent auction, dinner, a traveling trophy and more. For more information please contact

Marisel Bouza at  
(248) 269-8759 or mbouza@cff.org.



### Celebrity Waiters An Evening With the Stars

November 3, 2018

Thousand Oaks Golf Club

Grand Rapids, MI

Come join us for our 2<sup>nd</sup> Annual Celebrity Waiters event! This lively event features some of the area's most entertaining celebrities, competing to earn "Cure Cash" tips in order to be named the Shining Star. Last year our celebrities really got into the spirit of the event by singing, dancing, and just being awesome to earn tips! In addition to our fantastic stars, the event includes a live band, delicious dinner, specialty drinks and live and silent auctions. Come join us and have a blast!

For more information on how you can become involved in this growing event, please contact  
Abbie Stoppa at

(616) 240-6473 or astoppa@cff.org.

## INDIVIDUAL GIVING



Cystic Fibrosis Foundation  
Annual Fund

Become a member of Partners in Progress, the CF Foundation's annual fund, with donations up to \$10,000 and help fund lifesaving research and medical programs for people with CF.