

Cystic Fibrosis Foundation – Palm Beach Chapter

2019 SPECIAL EVENTS

Palm Beach Office: 700 South Dixie Highway, West Palm Beach, FL, 33401
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GREAT STRIDES

GREAT STRIDES CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information: visit greatstrides.cff.org

April 26, 2019 | Treasure Coast Walk

Indian Riverside Park, Jensen Beach • 5:30 pm
Join us for a fun, family-orientated event with a healthy 5K walk, children's activities, food, and festivities that participants look forward to each year!

May 18, 2019 | Palm Beach County Walk

Centennial Square and Fountain Park • 8:00 am
Held in downtown West Palm Beach, this 5K walk provides a fantastic opportunity for family, friends, students and colleagues to come together and make a difference in the lives of those with CF!

ENDURANCE EVENTS



CYSTIC FIBROSIS FOUNDATION

CF Climb For Life | November 2019 | Location: tba

Take the search for a cure to new heights! Test your endurance and challenge yourself to climb over 1,100 steps and then celebrate afterwards at the survivor's party.

<http://fightcf.cff.org/palmbeachclimb>



Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection.

Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.

SPECIAL EVENTS



65 Roses Golf Classic • January 24, 2019 • High Ridge Country Club

The honorary committee, committee members and hosts of the 65 Roses Golf Classic invite you to join them for this premier golf event at High Ridge Country Club. The tournament registration fee includes lunch, registration bags, green fees and cart rental, awards party with open bar, a silent auction, and much more.

For information, visit: <http://pbgolf2019.eventscff.org/>



Palm Beach Songwriters in the Round • March 30, 2019 • Lucky Old Sun Ranch, Jupiter Farms

Are you ready for the 4th Annual Palm Beach Songwriters in the Round? Mark your calendar for Saturday, March 30th, 2019 for this intimate evening under the stars and of course, another full moon, at the beautiful Lucky Old Sun Ranch. For those that have experienced this in the past - they know that this is a unique event in Jupiter which brings guests into the inner-circle of some of Nashville's best singer/songwriters.

For more information, visit: <https://intheround19.eventscff.org/>

For more information about Palm Beach events contact:

PalmBeach@cff.org

or

561-683-9965

INDIVIDUAL GIVING



Cystic Fibrosis Foundation
Annual Fund



Become a member of Partners in Progress, the CF Foundation's annual fund, with donations up to \$10,000 and help fund lifesaving research and medical programs for people with CF.

Join the Milestones II campaign by making a major gift of \$10,000 or more in a calendar year. Major gifts help to support the CF Foundation's mission to fund the vital research that our patients and families