GREAT STRIDES

Great Strides is the CF Foundation’s largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information visit greatstrides.cff.org

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<tr>
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<td>Naples / Ft Myers</td>
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SPORTING CLAY EVENTS

Aim for a Cure Sporting Clays Tournament

Saturday, October 12, 2019
Southwind Clays & Quail
Quitman, GA

The Cystic Fibrosis Foundation invites you to join us for our 11th annual Aim for a Cure event Saturday, October 12th, at Southwind Clays and Quail in Quitman, GA. Each team member will shoot 100 rounds of clay. If you’re a first time clay shooter or a master class shooter - all are welcome! The Lewis class scoring system will be used so anyone can be a winner. Breakfast, auctions, and an outstanding lunch & awards ceremony will follow. Carts are required.

For more info, or to sign up, go to https://events.cff.org/nflaim

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation’s attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.
Rock 'N' Roses: Honoring Tampa Bay's Finest
Friday, November 8, 2019   7:00 - 11:00pm
Tampa Letter Carrier's Hall
Tampa, FL

Rock 'N' Roses, Honoring Tampa Bay's Finest will bring the Tampa Bay community together for an evening of live music, food, and entertainment at the Tampa Letter Carriers Hall to celebrate the successes of our Tampa Bay's Finest Class of 2019, as well as support a great cause - the fight against cystic fibrosis.

For more information on the event, sponsorship opportunities, or to buy your ticket please go to: https://finest.cff.org/rocknroses

INDIVIDUAL GIVING

Become a member of Partners in Progress, the CF Foundation’s annual fund, with donations up to $10,000 and help fund lifesaving research and medical programs for people with CF.

Join the Milestones II campaign by making a major gift of $10,000 or more in a calendar year. Major gifts help to support the CF Foundation’s mission to fund the vital research that our patients and families depend on.

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