**2019 SPECIAL EVENTS**

Greater Cincinnati Chapter Office: 4420 Carver Woods Drive, Cincinnati, Ohio, 45242  
513-533-9300 | Cincinnati@cff.org | www.cff.org/Cincinnati

Stay connected! Follow us on Facebook: [www.facebook.com/CFFGreaterCincinnati](http://www.facebook.com/CFFGreaterCincinnati)

---

### GREAT STRIDES

Great Strides is the CF Foundation’s largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

*For more information visit: [http://greatstrides.cff.org](http://greatstrides.cff.org)*

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.04.19</td>
<td>Oxford</td>
</tr>
<tr>
<td>10.19.19</td>
<td>Portsmouth</td>
</tr>
<tr>
<td>5.18.19</td>
<td>Cincinnati</td>
</tr>
<tr>
<td>5.19.19</td>
<td>Batesville</td>
</tr>
<tr>
<td>5.19.19</td>
<td>Sidney</td>
</tr>
<tr>
<td>5.19.19</td>
<td>Dayton</td>
</tr>
</tbody>
</table>

### ENDURANCE EVENTS

**CF Cycle for Life**  
**September 14, 2019**  
**Event Location: Lunken Playfield**

Get your wheels in motion and join us for our 10th annual bicycle event as we ride through some of the most picturesque and scenic terrain in Cincinnati and Northern KY. CF Cycle for Life is a fully-supported ride with options of 15-mile, 32-mile and 65-mile routes. From breakfast to our cycle post party, you can enjoy fully stocked rest stops every 10-12 miles, bike mechanics for bicycle maintenance and repair, ride marshals to cheer you along the way and plenty of support vehicles to help you complete the ride.

*For more information visit: [http://fightcf.cff.org/cincicycle](http://fightcf.cff.org/cincicycle)*

**Team CF – Marathon Training Program**  
**May 3-5, 2019**  
**Flying Pig Marathon**

Take your superhero status to the next level by running in the 2019 Flying Pig Marathon with Team CF! Team CF is a fundraising endurance program for passionate individuals who are dedicated to raising money to support the mission of the CF Foundation. Each participant will have a fundraising minimum commitment and will receive full support from the CF Foundation staff to reach and exceed their fundraising goals! Multiple race options with varying fundraising minimums are available.

*For more information visit: [https://cincyteamcf.eventscff.org/](https://cincyteamcf.eventscff.org/)*

---

### INDIVIDUAL GIVING

**Annual Fund**

Your gift of support to the Annual Fund provides important, unrestricted resources that help us accelerate our efforts to pursue a cure for cystic fibrosis, fund development of new therapies, and help all people with cystic fibrosis live longer, healthier lives.

*For more information visit: [fightcf.cff.org/cincinnati-af](http://fightcf.cff.org/cincinnati-af)*

---

**65 Roses® Club**

You’re invited to join the 65 Roses® Club, a special group of Cystic Fibrosis Foundation donors dedicated to finding a cure for cystic fibrosis. Members make a monthly gift which provides consistent, reliable support to the CF Foundation, that helps those living with CF lead longer, healthier lives by advancing high-quality care and innovative research. Whatever amount you choose to give, you will remain part of a strong community that supports people with cystic fibrosis.

*For more information visit: [www.cff.org/Give-Monthly](http://www.cff.org/Give-Monthly)*
SPECIAL EVENTS

Cincinnati’s Finest Under Fifty
Thursday, April 25th
Event Location: The Newport Aquarium

The Cystic Fibrosis Foundation will be honoring a select group of Cincinnati’s “Finest” professionals who exemplify strong leadership qualities, are active in their community and have excelled in their chosen professions. The campaign will culminate with the “Finest Finale” where we will celebrate the honorees’ accomplishments and provide guests with fabulous food, drinks, entertainment and fun from the Finest chef’s in Cincinnati!

For more information visit: https://finest.cff.org/cincy

NEW! Bourbon & Bubbles
Date: Thursday, October 10th
Event Location: Hotel Covington

Join us as we bring the Bourbon Trail to you with an assortment of tastings at our first annual Bourbon & Bubbles. Enjoy the best food and drinks from our local Kentucky distilleries, breweries and vineyards. Held at the historic Hotel Covington, guests are invited to relax and enjoy a night out for a great cause, complete with music, auctions and more!

For more information email: vmolin@cff.org

65 Roses Gala
Date: Saturday, October 5th
Event Location: Music Hall

The 65 Roses Gala is one of the CF Foundation’s most creative and successful events. Held at the newly renovated Music Hall, this themed event features a cocktail hour accompanied by a silent auction, a gourmet dinner with wine pairings and an exciting live auction. Guests can then stay after dinner to enjoy the After Party which included cocktails, gourmet snacks and live music.

For more information email: rruggeri@cff.org

NEW! Golf Event
Date: Monday, July 8th
Event Location: Traditions Golf Club—Hebron, KY

Join the Tomorrow’s Leaders Young Professional group for the inaugural Cystic Fibrosis Golf Classic!

For more information email: rruggeri@cff.org

Important Note on Attendance at Foundation Events:
To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation’s attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.

VOLUNTEER

Donate your time!
CF Foundation teamMATEs are volunteers who help “Make Adding Tomorrows Easier.” You can choose volunteer opportunities that best match your interests and skills.

Opportunities include volunteering at your local office, volunteering at an event, becoming an advocate and sponsoring an event.

For more Information call: 513-533-9300 or email cincinnati@cff.org