

**Cystic Fibrosis Foundation – Gateway Chapter**  
**2018 SPECIAL EVENTS**

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## GREAT STRIDES

### GREAT STRIDES CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

*For more information: visit [greatstrides.cff.org](http://greatstrides.cff.org)*

April 21st - Cape Girardeau, MO.	April 29th - Metro East	Sept. 22nd—Carbondale, IL.
April 22nd- Springfield, IL.	May 5th - St. Charles	Oct. 6th - Springfield, MO.
April 28th - Columbia, MO.	May 19th - St. Louis	

## ENDURANCE EVENTS



Embrace your inner Top Gun and join us for our 10/06/2018 annual cycle event as we ride through some of the most beautiful terrain in St. Charles County, MO.

*For more information visit: [Fightcf.cff.org/GatewayCycle](http://Fightcf.cff.org/GatewayCycle)*

Oct. 6th - Cycle for Life	St. Charles County, MO.
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Xtreme Hike is about reaching new heights physically and philanthropically. It's a journey of passion, determination, and personal triumph, as much as it's an opportunity to make a difference in the lives of people with Cystic Fibrosis.

[Fighcf.cff.org/GatewayFallHike](http://Fighcf.cff.org/GatewayFallHike)

April 7th - Spring Xtreme Hike	Hawn State Park Trail - 15 miles
Sept. 8th - Fall Xtreme Hike	Ozark Trail - Lesterville, MO. - 30 miles

**Important Note on Attendance at Foundation Events:** To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times

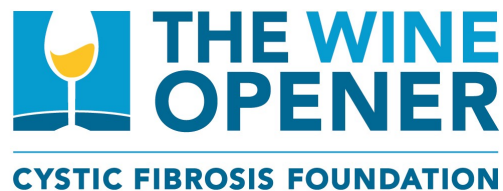
## SPECIAL EVENTS



**Event Name:** FestivAle  
**Event Date:** 03/23/18  
**Event Location:** Union Station

Come out and "cure what ales ya!" FestivAle brings together beer enthusiasts to sample handcrafted, high end beers from the Midwest's finest local brewers. The event also features a silent auction, beer related games, live entertainment and more!

<https://stlouisfestivale.eventscff.org>



**Event Name:** Wine Opener  
**Event Date:** 09/15/18  
**Event Location:** CBC's Ross Hall

The Wine Opener is a casual and fun evening of wine tasting benefiting the Cystic Fibrosis Foundation. Wine novices and experts alike are expected to join in the fun of sampling over 40 domestic and international wines courtesy of Glazer's Distributing, enjoying light appetizers, bidding on the silent and live auctions, and much more

<https://wineopenerstl2018.eventscff.org>



**Event Name:** Jack Buck Golf Classic  
**Event Date:** 08/16/18 & 08/20/18  
**Event Location:** Whittmoor Country Club

The Golf Classic is the longest-running charity golf tournament west of the Mississippi. The tournament was started by the CF Foundation's Honorary Chairman Jack Buck. The Golf Classic is comprised of two events - the Jack Buck Classic Dinner & Auction on Thursday night and the Jack Buck Golf Tournament on Monday morning.

<https://jackbuckgolf.eventscff.org>



**Event Name:** Reach for a Star Gala  
**Event Date:** 11/02/18  
**Event Location:** The Ritz-Carlton St. Louis

The Reach for a Star Gala celebrates the heroes in our community who are working to provide a hopeful future for those living with Cystic Fibrosis. The Gala includes a cocktail reception, gourmet dinner, live and silent auctions, live entertainment and more!

<https://reachforastargala2018.eventscff.org>

## INDIVIDUAL GIVING



Cystic Fibrosis Foundation  
Annual Fund

Become a member of Partners in Progress, the CF Foundation's annual fund, with donations up to \$10,000 and help fund lifesaving research and medical programs for people with CF.