

## Cystic Fibrosis Foundation – Greater Illinois and Peoria Chapters

# 2019 CHAPTER EVENTS

Greater Illinois–Chicago Chapter Office: 150 N. Michigan Ave., Ste. 1550, Chicago, IL 60601  
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## 2019 GREAT STRIDES EVENTS

### GREAT STRIDES CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information: visit [www.cff.org/greatstrides](http://www.cff.org/greatstrides)

#### April 20 – Springfield

(Washington Park)

#### May 5 – North Shore

(Location TBA in Willmette)

#### May 11 – South Suburban

(Commissioners Park in Frankfort)

#### May 11 – Eastern Illinois

(Hessel Park in Champaign)

#### May 18 – West Suburban

(Riverwalk Grand Pavilion in Naperville)

#### May 18 – Northwest Suburban

(Busse Woods in Elk Grove Village)

#### May 19 – Chicago

(Montrose Harbor)

#### May 19 – Northwest Indiana

(Rohrman Park in Crown Point)

#### June 2 – Barrington

(Citizens Park)

#### June 29 – Princeton

(City County Park)

#### October 5 – Central Illinois

(Peoria Heights Tower Park in Peoria)

## ENDURANCE EVENTS



#### CF Cycle for Life

August 2019

Location TBA

[grillinois.cff.org/cycle](http://grillinois.cff.org/cycle)

Enjoy a fully supported ride with route options of 10, 30 and 65 miles with well-stocked rest stops, bike mechanics, support and gear vehicles, and a finish line party!



#### CF Climb

November 2019

Location TBA

[grillinois.cff.org/climb](http://grillinois.cff.org/climb)

Challenge yourself to climb 58 floors in honor of those affected by CF. At the end of the climb, celebrate at a post-climb party with delicious food and great entertainment. Register and invite your family and friends to join you and help make CF stand for Cure Found!



#### Team CF Superheroes

Participate as a charity partner in multiple major races in downtown Chicago, or do a personal challenge at any race! As a participant, you will be invited to group events, an exclusive Team CF jersey, and race-day benefits.

## TEAMMATES

We would not be able to succeed in putting on all of our Chapter events throughout the year if not for the support of CFF teamMATES. If interested and available to volunteer as a teamMATE at a CFF Greater Illinois event, please contact **Andi Cannata** at [acannata@cff.org](mailto:acannata@cff.org) or (312) 619-3921 for more information. If you would like to volunteer at Greater Illinois-Peoria event, please contact **Kellie Fleeman** at [kfleeman@cff.org](mailto:kfleeman@cff.org) or (312) 682-9240.

Be sure to follow us on social media to stay up-to-date on the many ways you can help our Chapters throughout the year!



[facebook.com/cffgreaterillinois](https://facebook.com/cffgreaterillinois)  
[facebook.com/cffgreaterilpeoria](https://facebook.com/cffgreaterilpeoria)



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# SPECIAL EVENTS



jeanbanchetawards  
CYSTIC FIBROSIS FOUNDATION

**Jean Banchet Awards**  
January 13, 2019  
Venue Six10, Chicago, IL  
[www.banchetawards.com](http://www.banchetawards.com)

Celebrate Chicago's culinary scene at the Jean Banchet Awards for Culinary Excellence! The night kicks off with a champagne reception, followed by the only Chicago-based award ceremony that recognizes culinary originality and talent throughout the region.

**Grand Chefs Experience**

grand chefs experience February 1, 2019  
CYSTIC FIBROSIS FOUNDATION Field Museum, Chicago, IL  
[www.cffgrandchefs.com](http://www.cffgrandchefs.com)

The Grand Chefs Experience features Chicago's most sought after chefs, mixologists, and pastry chefs for an exclusive evening of culinary delights and philanthropy. The night ends with our after-party, Nightcap, where you can enjoy late-night bites, desserts, crafted cocktails, and live music.



**Shamrockin' for a Cure**  
February 22, 2019  
Countryside Banquets, Countryside, IL  
[www.chicagoshamrockin.com](http://www.chicagoshamrockin.com)

Kick off St. Patrick's Day with an evening of bagpipers, dinner, drinks and fun! This unforgettable night features live music, dancing, a premium auction and more!



**Suzanna Lee Silver Cup Golf Tournament**  
June 2019  
WeavenRidge Country Club, Peoria, IL  
[peoria.cff.org/silvercupgolf](http://peoria.cff.org/silvercupgolf)

Enjoy 18 holes of golf, with lunch, hole contests, and beverages on the course. After the tournament, enjoy a cocktail hour, appetizers, dinner and a silent auction.



**CFF Golf Invitational**  
August 2019  
Location TBA  
[www.cfchicagogolf.com](http://www.cfchicagogolf.com)

Enjoy 18 holes of golf, with lunch, hole contests, and beverages on the course. After the tournament, enjoy a cocktail hour, appetizers, dinner and a silent auction.



**Festiv-Ale**  
October 2019  
Location TBA  
[www.chicagofestivale.com](http://www.chicagofestivale.com)

Cure what ales ya! Sample hand-crafted, high-end beers from Chicagoland's finest brewers. Experience specialty brews, delicious bites and bid on our exciting silent auction.



**Breath of Life Gala**  
October 2019  
Location TBA  
[peoriabreathoflife.eventscff.org](http://peoriabreathoflife.eventscff.org)

Join us for a magical evening of philanthropy and networking, with a cocktail hour, live and silent auction, dinner, bid for a cure and live music!



**Aged to Perfection: Bourbon & Bacon**  
November 2019  
Binny's, Lincoln Park, Chicago, IL  
[www.cfbourbonandbacon.com](http://www.cfbourbonandbacon.com)

ESPN's Carmen DeFalco of the "Carmen and Jurko" show hosts the 5th annual Aged to Perfection: Bourbon & Bacon event. Sample high-end bourbons and bacon-inspired small bites from local Chicago restaurants.

# INDIVIDUAL GIVING



**LEGACY GIVING**  
YOUR GIFT ADDS TOMORROWS

## Legacy Gift

When you make a **legacy gift**, you are demonstrating your commitment to the CF Foundation's mission and helping to make longer lives possible for people with CF. The Foundation is dedicated to working with donors who are considering or who have made plans to leave a gift in their will, trust, or by beneficiary designation. Your gift can be made in honor or memory of someone and deepens your commitment to improving the lives of those with CF now and in the future. For more information, email [legacy@cff.org](mailto:legacy@cff.org).



## Major Gift

Major gifts are gifts of \$10,000 and above from individuals and family foundations that directly support our mission. You can participate by giving an outright gift of \$10,000 or more in stock or cash in any calendar year, or by making a pledge to be paid over three to five years.

**Annual Fund gifts** are donations less than \$9,999. Your gift of support to the Annual Fund provides important, unrestricted resources that help us advance our mission. It helps us develop new treatments and pursue every opportunity for promising research that can lead us to a cure. Visit [www.fightcff.org/chicagoanf](http://www.fightcff.org/chicagoanf) or [www.fightcff.org/peoriaanf](http://www.fightcff.org/peoriaanf) to make your gift.



## Give Monthly with the 65 Roses Club

Your monthly gift provides consistent, reliable support to CFF, which helps those living with CF lead longer, healthier lives by advancing high-quality care and innovative research. Whatever amount you choose to give, you will remain part of a strong community that supports people with cystic fibrosis.



## Giving Tuesday: December 3, 2019

Celebrated on the Tuesday following Thanksgiving, Giving Tuesday is the global day of giving to support charities following Black Friday and Cyber Monday. Help *add tomorrows* for people with cystic fibrosis by making your gift on Giving Tuesday.

**Important Note on Attendance at Foundation Events:** To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends only one person with CF should be present at a CF Foundation-sponsored indoor event, meeting or office. This person will be invited by the event organizer or volunteer leader. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.