

Cystic Fibrosis Foundation – Iowa Chapter

2019 SPECIAL EVENTS

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SPECIAL EVENTS

GREAT STRIDES

CYSTIC FIBROSIS FOUNDATION



Great Strides

May 4, 2019 - Cedar Rapids

May 11, 2019 - Cedar Falls

May 4, 2019 - Dubuque

May 18, 2019 - Des Moines

May 5, 2019 - Quad Cities

Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more details visit: www.cff.org/greatstrides



SHOOT FOR A CURE
NEW PIONEER GUN CLUB - WAUKEE, IA

CYSTIC FIBROSIS FOUNDATION

Shoot for a Cure

June 14, 2019 – June 15, 2019

New Pioneer Gun Club, Waukee, Iowa

Join the Cystic Fibrosis Foundation—Iowa Chapter for the 13th Annual Shoot for a Cure!

For more details visit: <https://events.cff.org/iashootforacure>



CYSTIC FIBROSIS FOUNDATION

65 Roses Gala

July 13, 2019

The River Center, Des Moines, Iowa

Join the Cystic Fibrosis Foundation—Iowa Chapter for the 2nd annual 65 Roses Gala!

For more details visit: <https://events.cff.org/65RosesGalaIA>

SPECIAL EVENTS



New Leaders of Des Moines

September 5, 2019

Bash, Des Moines, Iowa

Join the Cystic Fibrosis Foundation—Iowa Chapter for the 3rd Annual New Leaders of Des Moines!

For more details visit: <https://finest.cff.org/newleadersdsm>



Corks & Kegs

November 8, 2019

Des Moines University, Des Moines, Iowa

Join the Cystic Fibrosis Foundation—Iowa Chapter for Corks & Kegs!

For more details visit: <https://events.cff.org/corksandkegsia>

INDIVIDUAL GIVING

Annual Fund

Your gift of support to the Annual Fund provides important, unrestricted resources that help us accelerate our efforts to pursue a cure for cystic fibrosis, fund development of new therapies, and help all people with cystic fibrosis live longer, healthier lives.

fightcf.cff.org/iowa-anf

65 ROSES® CLUB

CYSTIC FIBROSIS FOUNDATION

You're invited to join the **65 Roses® Club**, a special group of Cystic Fibrosis Foundation donors dedicated to finding a cure for cystic fibrosis. Members make a monthly gift which provides consistent, reliable support to the CF Foundation, that helps those living with CF lead longer, healthier lives by advancing high-quality care and innovative research. Whatever amount you choose to give, you will remain part of a strong community that supports people with cystic fibrosis.

www.cff.org/Give-Monthly

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times