Experience the power of the pedal. Participate in the CF Cycle for Life. Keep us on the road to cure cystic fibrosis. This unique event empowers participants to take action and demonstrate their fight in finding a cure for cystic fibrosis in a tangible, emotional and powerful way. For more information please contact Phil Santos-Higgins for RI Cycle at psantoshiggins@cff.org and Kristin Starke for MA Cycle at kstarke@cff.org.

RI Ride  
Saturday, September 14  
Westport Rivers Vineyard, MA

MA Ride  
Saturday, October 5th  
Fatima Shrine, Holliston, MA

Join us as we climb toward a cure for CF. Form your own team or climb as an individual. Awards will be presented for the fastest times in age and gender categories. Located at One International Place. For more information please contact Vinnie Myles at vmyles@cff.org.

June 14th – 16th - Hancock, MA

The mountains are calling; you must go! Join the 8th Annual Xtreme Hike on, June 15th. A one day 26+ mile hike through the trails of the Berkshires. Weekend accommodations provided by Jiminy Peak Resort. Program includes a three-month training program. Take powerful steps to Cure CF. For more information and to register please contact Terry Waite at twaite@cff.org.
### SWING FOR A CURE

**Par 4 the Cure**  
**Monday, August 12th**  
Woodland Golf club. For more information contact Vinnie Myles at vmyles@cff.org.

**29th Annual Kluzak Scarpa Celebrity Golf Challenge,**  
**Tuesday, August 6th**  
The Golf Club of NE in Stratham, NH. For more information please contact Tracy Lund at tlund@cff.org.

**17th Annual CF Golf Classic,**  
**Monday, September 23rd**  
Hopkinton Country Club. For more information please contact Karen Kelly at kelly@cff.org

### SUPPORT FOR A CURE

**64th Annual Dinner**  
**Wednesday, February 12, 2020**  
Westin, Waltham, MA  
A dinner and volunteer recognition event featuring CFF medical and patient care program updates. For more information please contact Vinnie Myles at vmyles@cff.org or Karen Kelly at kelly@cff.org

**Rhode Island Education & Volunteer Appreciation Awards Dinner**  
**January 2019**  
Crown Plaza, Warwick, RI  
A dinner and volunteer recognition event with updates from the CFF executive staff on the Foundation’s mission, medical research, patient care and support programs. For more information please contact Phil Santos-Higgins at psantoshiggins@cff.org

**Uncork the Cure**  
**Friday, November 8, 2019**  
Fairmont Copley Plaza  
An evening of exceptional wines, fabulous food and unique auction items. For more information please contact Carol Bradstreet at cbradstreet@cff.org

**35th Annual Joey O'Donnell Film Premiere**  
**Sunday, November 2019**  
Natick Mall, Neiman Marcus Court  
The 35th Annual Joey O’Donnell Film Premiere is a private cocktail reception at the Natick Mall and a premier screening of a

### INDIVIDUAL GIVING

**Annual Fund**

Members of the [Partners In Progress Annual Fund](#) provide vital, unrestricted resources needed to carry out our lifesaving mission. Donations help advance new treatments and pursue every opportunity for promising research that can lead us to a cure. Donations of all sizes are greatly appreciated. Members can also contribute at the defined levels of their choice: **Champion ($5,000+), Patron ($2,500), Guardian ($1,500), Contributor ($500), Friend ($250), Member ($100).** Please contact Terry Waite at twaite@cff.org for info.

**Make a Major or Legacy Gift**

Within our portfolio of giving opportunities, the CFF relies on major gifts and Legacy gifts from individuals and family foundations. You can participate by giving an outright gift of $10,000 or more in stock or cash in any calendar year, or by making a pledge to be paid over three to five years. The Foundation is dedicated to working with donors who are considering a Legacy gift or who already have made plans to leave a gift in their will, trust or by beneficiary designation. Please contact Pam Spitzer at [pspitzer@cff.org](mailto:pspitzer@cff.org) for info.
EVENTS THAT SHOULD NOT BE MISSED

**Boston Marathon**
*Monday, April 15*
CFF participates in the John Hancock Charity Program. Minimum fundraising is $10,000 plus a registration fee. For more information please contact Carol Bradstreet at cbradstreet@cff.org

**Falmouth Road Race**
*Sunday, August 18*
Be part of the Official Cystic Fibrosis Foundation’s 2019 Falmouth Road Race Team. Minimum fundraising is $1,000 per number plus a $125 registration fee. For more information and to register Contact: Vinnie Myles at vmyles@cff.org

**16th Annual Kings Cup**
*Wednesday, June 5*
King’s Boston
The 16th Annual Clash of the Kingpins Battle of Boston’s private equity firms includes bowling, food and beverage, live auction and team prizes. For more information please contact Karen Kelly at kkelly@cff.org

**22nd Annual Kevin’s Corner Pocket Celebrity Billiards Tournament**
*Wednesday, May 8, Lucky Strike Boston*
The 22nd Annual Kevin’s Corner Pocket Celebrity Billiards Tournament is a celebrity billiards tournament with a silent and live auction. For more information please contact Tracy Lund at tlund@cff.org

**16th Annual Nantucket Slam**
*September 8th-10th*
Nantucket, MA
We are inviting recreational and avid anglers with or without their own boats to join us in two days of competitive fishing for Bluefish, Tuna, Bonito, Striper and Albie. For more information please contact Karen Kelly at kkelly@cff.org

**CF Foundation teamMATEs**
CF Foundation teamMATEs are volunteers who help “Make Adding Tomorrows Easier.”
You can choose volunteer opportunities that best match your interests and skills. To learn more contact Liz Feigen at mass-ri@cff.org. Opportunities include volunteering at your local office, volunteering at an event, becoming an advocate, and sponsoring an event.

**BECOME A TOMORROWS LEADER**

**TOMORROWS LEADERS**
*Making a Difference Today*
Cystic Fibrosis Foundation

**Who we are:** Our Tomorrow’s Leaders Council (TLC) consists of dedicated and energetic young professionals who are committed to supporting the mission of the Cystic Fibrosis Foundation.

**What we do:** Throughout the year, the TLC will have events and other engagement opportunities to help support the mission of the CFF. The extent of your involvement is up to you. TLC members can attend all or some of the events or programs. Members can also take a leadership role within the group, helping to plan and coordinate events and networking opportunities.

**For further information:** Contact Kristin Starke at kstarke@cff.org

**Important Note on Attendance at Foundation Events:**
To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection.

Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation’s attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.
PROGRAMS FOR THE CF COMMUNITY

2019 Virtual Events

**ResearchCon**
Feb. 28 For people with CF and their families

**CF FamilyCon**
June 9 For people with CF and their families

**CF MiniCon: Transplant**
Nov. 14 For people with CF and their families

**BreatheCon**
Sept. 20-21 For people with CF

To register: cff.org/VirtualEvents

Designed by and for adults with cystic fibrosis and their families, virtual events provide the opportunity to connect, share, and learn from peers through open and honest dialogue. Virtual events feature keynote panels, fun activities, group chats, and small group video breakouts on issues that are unique to people living with CF and their families, from maintaining relationships to major life transitions. Discussions focus on overall well-being, not clinical care, and are not for clinicians.

Cystic Fibrosis Foundation **Compass** is a personalized service to help CF individuals and families with the insurance, financial, legal and other issues you are facing. A dedicated, knowledgeable CF Foundation case manager is ready to work with you, one-on-one. This expert guidance is free and confidential. Call us at 844-COMPASS (844-266-7277) Monday - Friday, 9 a.m. - 7 p.m. ET, or email us at compass@cff.org.

CF Peer Connect is a one-to-one peer mentoring program for adults with CF and their family members to connect about shared experiences. No matter what you’re going through, there is someone who has been through a similar experience and can offer support. After you request a peer mentor, the CF Peer Connect team will match you with an adult with CF or a family member - parent, partner, or spouse -- who has experience with the topics you want to learn more about.

You can request a peer mentor to talk about topics that are important to you, including: Going to college, Making work/career decisions, Dating, relationships, Marriage, Adjusting to your child’s new diagnosis, Finding balance as a caregiver, Starting a family, Parenting, Getting diagnosed as a teen or adult, Considering lung transplant, Coping with bereavement.

To Register: https://cfpeerconnect.com/about

Community Voice provides opportunities for people with cystic fibrosis and their family members to have an active say in programs and initiatives affecting the cystic fibrosis community, ensuring the voice of the community is helping to drive improvements that benefit everyone affected by CF.

Members take an active role in shaping cystic fibrosis programs and initiatives by sharing their feedback and ideas through surveys, focus groups, and committees. Community Voice ultimately helps to shed light on what it means to live with CF and how to best support the CF community.

To Register: https://www.cff.org/Get-Involved/Community/Community-Voice/