

Cystic Fibrosis Foundation – West TN-Memphis Chapter

2019 SPECIAL EVENTS

West Tennessee-Memphis Chapter Office: 5865 Ridgeway Center Parkway Suite 300 Memphis, TN 38120
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GREAT STRIDES

GREAT STRIDES CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information: visit greatstrides.cff.org

May 4, 2019 - Memphis October 26, 2019 - Dyersburg November 2, 2019 - Lexington

SPECIAL EVENTS



CF Golf Classic
October 14, 2019
Colonial Country Club
The Cystic Fibrosis Foundation's West Tennessee Chapter will host their annual Golf Classic.



Jackson's Finest
September 21, 2019
Jackson Country Club
An evening celebrating the area's Finest Professionals

INDIVIDUAL GIVING

Annual Fund

Your gift of support to the Annual Fund provides important, unrestricted resources that help us accelerate our efforts to pursue a cure for cystic fibrosis, fund development of new therapies, and help all people with cystic fibrosis live longer, healthier lives.

<https://www.cff.org/Memphis>

65 ROSES® CLUB

CYSTIC FIBROSIS FOUNDATION

You're invited to join the **65 Roses® Club**, a special group of Cystic Fibrosis Foundation donors dedicated to finding a cure for cystic fibrosis. Members make a monthly gift which provides consistent, reliable support to the CF Foundation, that helps those living with CF lead longer, healthier lives by advancing high-quality care and innovative research. Whatever amount you choose to give, you will remain part of a strong community that supports people with cystic fibrosis.

www.cff.org/Give-Monthly

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times