

# Cystic Fibrosis Foundation – Metropolitan Washington, D.C. Chapter

## 2018 SPECIAL EVENTS

Metro D.C. Chapter Office: 4550 Montgomery Ave, Suite 350N, Bethesda, MD, 20814  
301-657-8444 | metrodc@cff.org | cff.org/Metrodc/

Stay connected! Facebook: [facebook.com/CFFMetroDC](https://www.facebook.com/CFFMetroDC),

Twitter: @CFF\_DC, Instagram: [cffmetrodc](https://www.instagram.com/cffmetrodc)

## GREAT STRIDES



Great Strides is the CF Foundation's largest fundraising event. The fun atmosphere is great for families, friends and corporate team-building. Our teams and the community join together in an inspiring annual celebration. Corporate teams soon become part of the CF family and know that their *strides* bring the Foundation closer to a cure! In 2017, more than **\$1 million** was raised locally through the Metro D.C. Chapter's 10 regional walks to support the Foundation.

**For more information: visit [greatstrides.cff.org](http://greatstrides.cff.org)**

University of Maryland  
April 21, 2018

Leonardtown  
May 12, 2018

Washington, D.C.  
June 2, 2018

Bethesda  
May 9, 2018

**New:** NOVA (Northern Virginia—Leesburg)  
May 20, 2018

Manassas  
September 22, 2018

## ENDURANCE EVENTS



**CF Cycle for Life | October 21, 2018**

Put your wheels in motion and make your ride count! The **CF Cycle for Life** welcomes families, friends, corporations, and individuals to a fun-filled day including a 20, 40, or 65 mile route along Virginia's Scenic Byway, starting and ending in historic downtown Leesburg. The day also includes fully-stocked rest stops, and a post-race party to celebrate your hard work! **For more information, visit: [fightcf.cff.org/MetroDCCycle](http://fightcf.cff.org/MetroDCCycle)**

**Xtreme Hike | September 21-23, 2018 | Snowshoe Mountain**

**Xtreme Hike** is about reaching new heights, both physically and philanthropically. Participants will hike 26 miles in one day – all to help find a cure for CF. It's a journey of passion, determination, and personal triumph, as much as it's an opportunity to make a difference in the lives of people with CF. Program includes group training hikes, social gatherings, and an amazing hike weekend in a beautiful location!



**Important Note on Attendance at Foundation Events:** To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection.

Medical evidence shows that germs may spread among people with CF through direct and indirect contact, as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to an indoor Foundation-sponsored event at a specific time.

The Cystic Fibrosis Foundation has unrestricted financial reserves of about 12 times its budgeted annual expenses, following a one-time royalty sale in 2014. These funds, along with the public's continuing support, are needed to help accelerate our efforts to pursue a lifelong cure for this fatal disease, develop lifesaving new therapies and help all people with CF live full, productive lives. To request a copy of our Strategic Plan, email [info@cff.org](mailto:info@cff.org) or call 800 FIGHT-CF.

# SPECIAL EVENTS



## Joker's Wild Casino Night

**February 17, 2018 | Hilton McLean Tysons Corner**  
Join more than 250 local business leaders, community members, young professionals, and supporters to try your luck at some of our favorite casino games and celebrate the **21st Annual Joker's Wild Casino Night!** At this event you have the opportunity to play roulette, blackjack, poker and craps.

## Brewer's Ball

**March 3, 2018 | National Building Museum**

The **14th Annual Beer Institute Brewer's Ball** is a spectacular evening that attracts more than 1,600 of the region's top business leaders and professionals to enjoy a variety of local and regional beers and food from popular area restaurants. You can bid on the silent and live auction, plus dance the night away with live entertainment.



## Superdance

**March 10, 2018 | Bishop O'Connell School**

Superdance is in its 42nd year at Bishop O'Connell High School in Arlington, VA. Each year, students have danced in memory of the O'Donnell family, which lost three children to cystic fibrosis. Students raise money by obtaining pledges for every hour they dance during the 12-hour dance-a-thon. Superdance has raised more than \$3 million since its inception.

## Celebrity Tennis Gala

**April 10, 2018 | Army Navy Country Club**

Join us at the Army Navy Country Club in Arlington, VA for exhilarating tennis with some of the most prolific players. Network with corporate and community leaders while enjoying round-robin play and specialized clinics with the pros. Don't play tennis? There is still plenty to enjoy as the night features fabulous food, an auction and program all in support of finding a cure for CF!



## 65 Roses Golf Classic

**June 8, 2018 | The Golf Club at Landsdowne**

This year's event promises to continue the **65 Roses Golf Classic** tradition of providing a wonderful day of golf for the benefit of an important cause— a cure for cystic fibrosis. Whether you want to entertain clients, reward your employees, or just enjoy each other's company, the 65 Roses Golf Classic includes fun on-course contests and tastings; and a delicious awards dinner you don't want to miss!

## Contractors' Golf Classic

**September, 17 2018 | The Club at P.B. Dye**

The **Contractors' Golf Classic** welcomes members of the construction industry and beyond for a fun-filled day of golf. The day includes a delicious lunch and dinner, on-course contests and player gifts.



## Metro D.C. Finest Breathe Easy Bash September 2018



**Finest** is a 16-week professional development program based upon raising awareness and funds for CF. It begins with a kickoff event and culminates in an awards ceremony and celebration. Throughout the program, nominees work closely with Foundation staff and mentors to develop strategic ways to reach their goals. The Finest meet regularly for professional development and networking with their fellow nominees to network and support one another. Join us in celebrating all of the accomplishments of our 2018 Finest at the Breathe Easy Bash!

## Celebrate Every Breath Gala

**November 11, 2018 | The Ritz-Carlton, Washington, D.C.**

The **Celebrate Every Breath Gala** is an elegant evening of interactive dining, aromatic wines, and collaboration among the most talented chefs in D.C. - all for an incredible cause: to help find a cure for cystic fibrosis. Join more than 350 corporate and community leaders at this culinary adventure that begins with an Opening Reception featuring specialty libations, tasting stations with exquisite hors d'oeuvres, and a spectacular silent auction. Each guest will then enjoy a delectable tasting menu paired with fine wines. We hope that you will be a part of this unique and mouthwatering experience!



# INDIVIDUAL GIVING



Cystic Fibrosis Foundation  
Annual Fund

Become a member of Partners in Progress, the CF Foundation's annual fund, with donations of any level and help fund lifesaving research and medical programs for people with CF.

Or, make a Major Gift (\$10,000 or more in a calendar year) to help support the CF Foundation's mission to fund the research that our patients and families depend on.