

## Cystic Fibrosis Foundation – Northeastern New York Chapter

# 2018 SPECIAL EVENTS

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## GREAT STRIDES

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CYSTIC FIBROSIS FOUNDATION



Great Strides is the CF Foundation's largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information, visit: [greatstrides.cff.org](http://greatstrides.cff.org)

May 19, 2018 - Albany

May 20, 2018 - Grafton

June 2, 2018 - Glens Falls

June 3, 2018 - Fonda

June 3, 2018 - Plattsburgh

\*Tentative dates, subject to change

## ENDURANCE EVENTS

### 30th Annual CF Climb

February 24, 2018

Corning Tower, Empire State Plaza

Climb 42 floors, 809 steps either as an individual, firefighter, first responder or part of a four-person relay team. However you reach the top you will make a difference.



CYSTIC FIBROSIS FOUNDATION



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Get your gears going and get on board with our 8<sup>th</sup> Annual CF Cycle for Life bike event! Join us on **September 9, 2018** for our annual ride! Get ready for a picturesque route, which will include lovely mountain and lake views along the way for the long ride. More information to follow soon!

September 9, 2018 - CF Cycle for Life

**Important Note on Attendance at Foundation Events:** To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times

## SPECIAL EVENTS



**CYSTIC FIBROSIS FOUNDATION**

**65 Roses...The Opening Day Soiree**

**July 20, 2018**

**Saratoga National Golf Club  
458 Union Avenue  
Saratoga Springs, NY 12866**

Join us for an evening of great food, drinks, dancing and fun on opening day of Saratoga Race Track at Saratoga National Golf Club. The evening will include entertainment, dinner stations, specialty drinks and an extensive auction including one-of-a-kind items, getaways and much more!



**4th Annual Bellini's Ice Bar**

**January 31, 2018 - February 1, 2018**

Come chill with friends and family over cocktails at the Fire and Ice Cocktail Party! January 31, 2018 from 5:00 – 8:00 PM. Tickets are \$40 per person if purchased in advance and \$50 at the door. Continue the fun on Thursday, February 1, 2018 from 6:00 - 9:00 PM for Premier Ladies Night. No entrance fee.



**CYSTIC FIBROSIS FOUNDATION**

**Autumn Mix & Mingle**

**October 2018**

Autumn Mix & Mingle features an evening of fine wines, champagne, craft beers & high-end spirits, culinary delicacies, live entertainment & browsing displays of silent auction items.

## INDIVIDUAL GIVING



Cystic Fibrosis Foundation  
Annual Fund

Become a member of Partners in Progress, the CF Foundation's annual fund, with donations up to \$10,000 and help fund lifesaving research and medical programs for people with CF.



Join the Milestones II campaign by making a major gift of \$10,000 or more in a calendar year. Major gifts help to support the CF Foundation's mission to fund the vital research that our patients and families depend on.