2019 SPECIAL EVENTS

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GREAT STRIDES

Great Strides is the CF Foundation’s largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information: visit greatstrides.cff.org

Saturday, May 4 : Columbia – Doko Meadows Park (Blythewood)
Saturday, May 11 : Charleston – Wannamaker Park
Saturday, May 18: Greenville – Greer City Park

ENDURANCE EVENTS

Saturday, September 28 - Bay Creek Park
Each year, more than 100 cyclists from all over South Carolina come together to ride the “road less traveled” in support of finding a cure for cystic fibrosis. This event is for all riders from beginners to advanced who are looking for a unique cycling experience.

For more information visit: fightcf.cff.org/SCcycle

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation’s attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.
**SPECIAL EVENTS**

*Annual Fund*

Your gift of support to the Annual Fund provides important, unrestricted resources that help us accelerate our efforts to pursue a cure for cystic fibrosis, fund development of new therapies, and help all people with cystic fibrosis live longer, healthier lives.

[fightcf.cff.org/southcarolina-anf](http://fightcf.cff.org/southcarolina-anf)

**INDIVIDUAL GIVING**

*65 Roses® Club*

You’re invited to join the 65 Roses® Club, a special group of Cystic Fibrosis Foundation donors dedicated to finding a cure for cystic fibrosis. Members make a monthly gift which provides consistent, reliable support to the CF Foundation, that helps those living with CF lead longer, healthier lives by advancing high-quality care and innovative research. Whatever amount you choose to give, you will remain part of a strong community that supports people with cystic fibrosis.

[www.cff.org/Give-Monthly](http://www.cff.org/Give-Monthly)