Sinus Disease in Cystic Fibrosis (CF)

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Sinus Disease in Cystic Fibrosis (CF)

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Sinuses
Diagnosis of Sinus Disease
Sinus Disease in Cystic Fibrosis (CF)

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How to find an ENT

• Ask your CF Care Center doctor

• American Academy of Otolaryngology – Head and Neck Surgery –
  http://entnet.org/HealthInformation/patients.cfm

• American Rhinologic Society –
  www.american-rhinologic.org/patientinfo.phtml
Nasal Polyps
Treatment of CF Sinus Disease

- Basic care -
  - Normal saline rinses
  - Hypertonic saline
  - Nasal steroids
- Next level
  - Antibiotics – pill, topical or nebulized
- Surgical treatment
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More Information

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• Medline Plus (www.medlineplus.gov) search “sinus disease”
• American Academy of Otolaryngology – Head and Neck Surgery – http://entnet.org/HealthInformation/patients.cfm
• American Rhinologic Society – www.american-rhinologic.org/patientinfo.phtml
Thank You

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