Great Strides


Great Strides is the CF Foundation's largest fundraising event and provides an opportunity for all people within a local community to get involved forming teams with friends, family, and colleagues.

greatstrides.cff.org

Sunday, May 7—Nassau County
Sunday, May 21—Westhampton Beach
Sunday, June 11—Holtsville

Sunday, May 7—Rockland & Orange
Sunday, June 4—New York City
Sunday, June 11—Poughkeepsie

Sunday, May 21—Westchester County
Sunday, June 4—Putnam County
Sunday, June 11—Staten Island

For more information contact the Manhattan Office.

Breath of Life Gala

14th Annual Breath of Life Gala • Thursday, November 16 • Cipriani 42nd Street

The 14th Annual Breath of Life Gala will be a particularly special evening as we celebrate the tremendous accomplishments of the year. Join us for an evening of cocktails, auctions, dinner, and much more!

For more information contact the Manhattan Office.

Endurance Events

CF Cycle for Life • Saturday, September 9 • Long Island

The CF Cycle for Life is the Foundation's premiere cycling event. Each year, thousands of cyclists gather in dozens of cities across the country to take part in this exciting effort to raise funds and awareness for cystic fibrosis. Join us on Long Island’s East End and ride at your own pace with varying course lengths designed for beginner and experienced cyclists.
cycle.cff.org

For more information contact the Long Island Office.

CF Climb • Date TBD • Location TBD

The CF Climb event takes the search for a cure to new heights. Hundreds of participants climb the stairs at Citi Field in a challenge of will and endurance to raise funds and awareness for cystic fibrosis. Join us and reach new heights at CF Climb!
climb.cff.org

For more information contact the Long Island Office.
### Important Note on Attendance at Foundation Events

To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation’s attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.

### Fashion Show

**Rose to Runway Fashion Show**

**Date TBD**

**Location TBD**

For more information contact the Manhattan Office.

Join us at Rose to Runway Fashion Show - an evening of fashion, cocktails, food, and shopping.

### Young Professional Leadership Committee

The Foundation's YPLC is a dedicated group of young professionals in their 20's and 30's who apply the success, leadership, and passion they exude in their careers to help find a cure for CF.

### Cocktails for a Cure

**Date TBD**

**Location TBD**

For more information contact the Manhattan Office.

### Jingle & Mingle Holiday Cocktail Event

**Jingle and Mingle**

**TBD December**

**Location TBD**

For more information contact the Long Island Office.

Jingle & Mingle is a warm, seasonal evening filled with cocktails, hors d’oeuvres, a delicious display of desserts, and a silent auction.

### Golf Tournaments

**Wall Street Charity Golf Invitational**

**Monday, July 10**

**Winged Foot Golf Club**

For more information contact the Westchester Office.

Join us and enjoy a day of golf followed by cocktails, dinner, and auction at some of New York’s finest golf clubs.

**Dreyfus Golf Classic**

**Thursday, June 15**

**Plandome Country Club**

For more information contact the Long Island Office.

**North Shore Invitational**

**Thursday, June 8**

**The Creek Country Club**

For more information contact the Long Island Office.

### Scientific Update

Join us for an exciting evening learning about the latest advances in CF research and new approaches to address the underlying cause of the disease.

**Scientific Update ● TBD September**

**Lowenstein Sandler**

For more information contact the Manhattan Office.

**Jingle & Runway Fashion Show**

**Date TBD**

**Location TBD**

For more information contact the Manhattan Office.

**Fashion Show**

**Young Professional Leadership Committee**

**Cocktails for a Cure**

**Jingle & Mingle Holiday Cocktail Event**

**Golf Tournaments**

**Scientific Update**