GREAT STRIDES

Great Strides is the CF Foundation’s largest fundraising event. It provides opportunities for all people within a local community to get involved forming teams with friends, family and colleagues. Walk day is a fun celebration that includes a healthy walk and festivities that participants look forward to year after year.

For more information: visit greatstrides.cff.org

ENDURANCE EVENTS

Climb for a Cure
February 13, 2016
IDS Center
The Cystic Fibrosis Foundation, Minnesota Chapter is proud to announce its 34th year of going vertical to defeat cystic fibrosis (CF). Help us ‘add tomorrows’ for those living with CF by recruiting your friends, family, colleagues and neighbors to join us at the Climb for a Cure.

CF Summer Climb
September 18, 2016
Target Field
The Minneapolis Summer CF Climb is a challenging and unique fitness event where participants will get to climb the stairs around Target Field in a test of endurance and time. Whether climbing to improve timing or to simply cross the finish line, this event is a great way to spend the day “Adding Tomorrows” for people with CF.

Important Note on Attendance at Foundation Events: To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function.

To further help reduce the risk of cross-infection, the Foundation’s attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.
**SPECIAL EVENTS**

**Minneapolis Brewer’s Ball**
April 15, 2016

The Minnesota Brewers Ball is all about Good People Drinking Good Beer for a Great Cause. This event offers guests the opportunity to sample a variety of hand crafted beers, from more than 25 of the region’s best craft breweries, while enjoying fabulous food.

**Clipper Jim Golf Invitational**
July 22, 2016

Named after local legend Jim "Clipper" Dresch, this tournament is a fun way to raise money towards bringing us closer to a cure for Cystic Fibrosis.

**Fargo Brewer’s Ball**
October 21, 2016

Come sample over 30 hand crafted beers from some of the best breweries and restaurants around. Invite your clients, colleagues, family and friends to enjoy hand crafted brews while raising a glass for a great cause!

**Twin Cities Finest**
September 22, 2016

Twin Cities Finest honorees are 25 of the city's most accomplished men and women. These outstanding professionals are selected to be a Twin Cities Finest honoree based on their involvement in the community and their success as professionals.

**Corks & Kegs for CF**
October 8, 2016

Corks & Kegs for CF is the premier beer, wine, and food event of the fall! Enjoy sample hand crafted beers and wines from the region’s best craft breweries and wineries! Enjoy great food and music as we raise a glass to finding a cure for CF.

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**Breath of Life Gala**
November 19, 2016

The Breath of Life Gala is a formal affair not to be missed! The evening includes a silent and live auction, dinner, performance by a live band, dancing and much more! This evening brings together over 700 friends, colleagues and supporters of the Cystic Fibrosis Foundation, all working together to raise funds to find a cure for Cystic Fibrosis. Don't miss out on this spectacular experience!

**INDIVIDUAL GIVING**

**Partners in Progress**
Cystic Fibrosis Foundation Annual Fund

Become a member of Partners in Progress, the CF Foundation’s annual fund, with donations up to $10,000 and help fund lifesaving research and medical programs for people with CF.

**Milestones II**
Accelerating the Search for a Cure

Join the Milestones II campaign by making a major gift of $10,000 or more in a calendar year. Major gifts help to support the CF Foundation’s mission to fund the vital research that our patients and families depend on.